

## **Dakota College at Bottineau Course Syllabus**

### **Course Prefix/Number/Title**

HPER 210 First Aid and CPR

### **Course Description**

Definition of first aid, reasons for first aid, general directions for giving first aid, value of first aid and techniques dealing with shock, control of bleeding wounds, burns, poisoning, sudden illness and artificial respiration and other emergency situations will be covered, CPR will be covered and the student will be certified through the American Heart Association upon showing necessary skills.

### **Course Objective**

The student will learn techniques in:

1. Rescue breathing and airway obstruction.
2. CPR
3. Control bleeding.
4. Splinting fractures and other health emergencies.

### **Instructor**

Joanne Vandal, BSN, RN

**Phone:** 701-263-5116 (text or phone call)

**Email:** [joanne.vandal@dakotacollege.edu](mailto:joanne.vandal@dakotacollege.edu)

### **Lecture/Lab Schedule**

On line

### **Textbook(s)**

A code to access the online course can be obtained through the DCB bookstore.

### **Course Requirements:**

On line course, certificate sent to instructor when finished	75%
CPR, Rescue breathing, Unconscious choking demonstration	25 % Pass or Fail (Fail is a Zero)

### **Grading:**

- A (89.5 – 100%)
- B (79.5 – 89.4%)
- C (69.5 – 79.4%)
- D (59.5 – 69.4%)
- F (0 – 59.4%)

**TEACHING/LEARNING STRATEGIES** On line course and in person demonstration, students are welcome to contact instructor with any questions or for additional instruction.

**STUDENT RESPONSIBILITIES:**

- Students are expected to complete the online course in a timely manner.
- It is mandatory that all students are in class for all CPR demonstration

**Academic Integrity:**

- Please refer to the student handbook

**Disabilities and Special Needs:**

The Learning Center provides a variety of academic support services for eligible students with disabilities. Eligible students with disabilities are entitled to reasonable accommodations that allow access to education and services. If you have questions regarding this please contact the learning center.

**Jan Nahinurk, Director**

Learning Disabilities Specialist

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**Course Outline \*\*\*Schedule subject to change**

**WEEK ONE – SIX**

Complete online course

**WEEK SEVEN – EIGHT**

Arrange for face-face demonstration with instruction