

## Dakota College at Bottineau Course Syllabus

**Course Prefix/Number/Title:** HPER 210 First Aid and CPR/AED

**Number of credits:** 1 credit

**Course Description:**

Lecture and hands-on practice of first aid basics, CPR AED for adults and children, and CPR for infants. Includes instruction on medical, injury, and environmental emergencies, choking, and the latest CPR guidelines per the American Heart Association. Students will receive First Aid/CPR/AED certification from the American Heart Association after demonstrating knowledge of the above topics and proper demonstration of skills.

**Pre-/Co-requisites:** None

**Instructor:** Erin Williams

**Office:** Thatcher Hall Room 202

**Office Hours:** by appointment

**Phone:** 701-228-5460

**Email:** erin.beth.williams@dakotacollege.edu

**Lecture/Lab Schedule:** Monday 4-4:50pm

**Textbook(s):** Heartsaver First Aid/CPR/AED Student Workbook, American Heart Association

**Course Requirements:**

Grading is based on a standard college curve, where students earn a grade based upon the percent of total possible points they obtain. Lectures and skill demonstration will comprise 50% of total points and the final exam will comprise of 50% of total points.

Final letter grades are assigned based on the following criteria:

- A= 89.5-100%
- B= 79.5-89.4%
- C= 69.5- 79.4%
- D= 59.5-69.4%
- F= 0-59.4%

**Course Objectives:**

Goal:

The goal of this course is to facilitate student learning about first aid, CPR, and AED use so that the students will understand and be able to utilize the basic skills to perform first aid and/or CPR/AED if needed. Students will receive First Aid/CPR/AED certification from the American Heart Association after demonstrating knowledge of the above topics and proper demonstration of skills.

Objectives:

The student will:

- 1) Understand and demonstrate CPR/AED use in adults and children.
- 2) Understand and demonstrate CPR in infants
- 3) Understand and demonstrate first aid skills for a variety of emergencies.

**Tentative Course Outline:**

January 12	Intro to First Aid/CPR, First Aid Basics	pages 3-17
January 20	Adult CPR	pages 73-83
February 2	Adult CPR practice and test	pages 73-83
February 9	Child and Infant CPR	pages 84-107
February 16	NO CLASS- Presidents' Day	
February 23	Child/Infant review, infant choking	pages 84-115
March 2	Medical Emergencies	pages 19-35
March 9	Injury Emergencies	pages 37-47
March 16	NO CLASS-Spring Break	
March 23	Injury Emergencies	pages 48-55
March 30	Environmental Emergencies	pages 57-63
April 6	NO CLASS- Easter Break	
April 13	Environmental emergencies	pages 64-71
April 20	Review	
April 27	Quiz/ Skills practice	
May 4	Final	
May 11	Final	

**General Education Goals/Objectives:** This course is not a general education course.

**Relationship to Campus Theme:** This course addresses the campus theme by incorporating the latest science and technology per the American Heart Association and encouraging students to go beyond in assisting those with First Aid or CPR/AED needs.

**Classroom Policies:**

1. **Cell phones, iPods, and related technology are prohibited in the classroom at all times.** It is recommended that you do not bring your cell into the classroom or, at the least, turn it off. I will confiscate during the class period if it becomes a distraction.
2. Food and beverages are permitted in accordance with IVN classroom policy.
3. Be respectful of other students, technicians, instructors, and guests.
4. The instructor reserves the right to ask any student disregarding these policies to leave the class for that day or longer if there is a continuous disregard for classroom policies. The student is still responsible for all information discussed during that class period.

**Student Email Policy:**

Dakota College at Bottineau is increasingly dependent upon email as an official form of communication. A student's campus-assigned email address will be the only one recognized by the campus for official mailings. The liability for missing or not acting upon important information conveyed via campus email rests with the student.

**Academic Integrity:**

All students are expected to adhere to the highest standards of academic integrity. Dishonesty in the classroom and with assignments and exams is a serious offense and is subject to disciplinary action by the instructor and college administration. For more information, refer to the Student Handbook.

**Disabilities and Special Needs:**

If you have a disability for which you are or may be requesting an accommodation, you are encouraged to contact your instructor and Jan Nahinurk in the Learning Center at 228-5479 or [jan.nahinurk@dakotacollege.edu](mailto:jan.nahinurk@dakotacollege.edu). The Learning Center provides a variety of academic support services for eligible students with disabilities.