

## Dakota College at Bottineau Course Syllabus

**Course Prefix/Number/Title:** HPER 210 First Aid and CPR/AED

**Number of credits:** 1 credit

**Course Description:**

Lecture and hands-on practice of first aid basics, CPR AED for adults and children, and CPR for infants. Includes instruction on medical, injury, and environmental emergencies, choking, and the latest CPR guidelines per the American Heart Association. Students will receive First Aid/CPR/AED certification from the American Heart Association after demonstrating knowledge of the above topics and proper demonstration of skills.

**Pre-/Co-requisites:** None

**Course Objectives:**

Goal:

The goal of this course is to facilitate student learning about first aid, CPR, and AED use so that the students will understand and be able to utilize the basic skills to perform first aid and/or CPR/AED if needed. Students will receive First Aid/CPR/AED certification from the American Heart Association after demonstrating knowledge of the above topics and proper demonstration of skills.

Objectives:

The student will:

- 1) Understand and demonstrate CPR/AED use in adults and children.
- 2) Understand and demonstrate CPR in infants
- 3) Understand and demonstrate first aid skills for a variety of emergencies.

**Instructor:** Erin Williams

**Office:** Thatcher Hall Room 202

**Office Hours:** by appointment

**Phone:** 701-228-5460

**Email:** erin.beth.williams@dakotacollege.edu

**Lecture/Lab Schedule:** Monday 4-4:50pm

**Textbook(s):**

Heartsaver First Aid/CPR/AED Student Workbook, American Heart Association

**Course Requirements:**

Grading is based on a standard college curve, where students earn a grade based upon the percent of total possible points they obtain. Lectures and skill demonstration will comprise 50% of total points and the final exam will comprise of 50% of total points.

Final letter grades are assigned based on the following criteria:

- A= 89.5-100%
- B= 79.5-89.4%
- C= 69.5- 79.4%
- D= 59.5-69.4%
- F= 0-59.4%

## **Tentative Course Outline: Schedule subject to change depending on guest speaker availability**

August 25	Intro to First Aid/CPR	
September 1	No class/ LABOR DAY	
September 8	First Aid Basics	pages 3-17
September 15	Adult CPR/AED	pages 73-83
September 22	Child and Infant CPR	pages 84-112
September 29	CPR/AED review and Demos	
October 6	Medical Emergencies	pages 19-25
October 13	Medical Emergencies	pages 26-27
October 20	Medical Emergencies	page 28
October 27	Medical Emergencies	pages 29-35
November 3	Injury Emergencies	pages 37-40 and 47
November 10	Injury Emergencies	pages 41-46 and 52-54
November 17	Injury Emergencies	pages 48-51
November 24	Environmental Emergencies	pages 57-69
December 1	CPR review and Demo	
December 8	First Aid review	
December 15	Final	

### **Classroom Policies:**

1. Cell phones, iPods, and related technology are prohibited in the classroom at all times. It is recommended that you do not bring your cell into the classroom or, at the least, turn it off.
2. Food and beverages are permitted in accordance with IVN classroom policy.
3. Be respectful of other students, technicians, instructors, and guests.
4. The instructor reserves the right to ask any student disregarding these policies to leave the class for that day or longer if there is a continuous disregard for classroom policies. The student is still responsible for all information discussed during that class period.

### **Academic Integrity:**

All students are expected to adhere to the highest standards of academic integrity. Dishonesty in the classroom and with assignments and exams is a serious offense and is subject to disciplinary action by the instructor and college administration. For more information, refer to the Student Handbook.

### **Disabilities and Special Needs:**

If you have a disability for which you are or may be requesting an accommodation, you are encouraged to contact your instructor and Jan Nahinurk in the Learning Center. The Learning Center provides a variety of academic support services for eligible students with disabilities.

### **Jan Nahinurk, Director**

Learning Disabilities Specialist

Phone: 701-228-5479

Email: Jan.Nahinurk@dakotacollege.edu