

## **Dakota College at Bottineau Course Syllabus**

### **Course Prefix/number/Title:**

HPER150/250 Varsity Men's Football

### **Course Description:**

This course requires a full season of participation in men's varsity football. The fundamental skills and basic strategies of football are emphasized through teaching, practice, and playing the game of football.

### **Course Objectives:**

The participants will learn:

1. That lifetime wellness is achieved and sustained by proper physical exercise and nutrition.
2. The proper skill techniques to succeed as a collegiate basketball player.
3. The importance of teamwork and team building skills.
4. How to successfully interact and communicate with teammates, opponents, officials and fans in a sportsman like manner.
5. Understand the rules of competition.
6. Appreciate interscholastic competition

### **Instructor:**

Tim Pfeifer

### **Office:**

Thatcher Hall Basement, Bottineau Campus

### **Office Hours:**

M-F: 9 am to 12 pm

### **Phone:**

701-228-5462

### **Email:**

[Tim.Pfeifer@dakotacollege.edu](mailto:Tim.Pfeifer@dakotacollege.edu)

### **Lecture/Lab Schedule:**

Practice time will be scheduled on a weekly basis with practice beginning in early August running through the middle of November.

**Textbook:**

NA

**Course Requirements:**

The student will be evaluated of their participation, effort, attitude and willingness to learn and be coached. The student will participate in daily practice sessions, classroom lectures, and a full season of participation in games and post season.

**Relationship to Campus Theme:**

This course stresses the “beyond”. The Students will be learning how to communicate effectively with others. They also will be learning the value of lifelong fitnesses and promoting physical, emotion and spiritual wellness.

**Classroom Policies:**

The students will be expected to attend all practices and games. They will conduct themselves in an appropriate manner that reflects sportsmanship and good character.

**Academic Integrity:**

There is a zero tolerance for any form of academic dishonesty. If evidence supports this notion they will be reported to the proper university official.

**Disabilities and Special Needs:**

Any student with special needs should notify Coach Pfeifer as soon as possible so proper arrangements can be made to handle these needs.