



Course Prefix/Number/Title: HPER 150 Varsity Baseball

Number of Credits: 1

Course Description:

Varsity baseball at Dakota College at Bottineau is a 2 year program. We strive on making baseball players better in many different areas. We focus on arm strength, agility, speed, strength and many more things here at Dakota College. We work on becoming better humans and learning how to make the right choices. That being from just making the right choice of what food to eat to making the right choice in a difficult situation even though we know the outcome could be tough on you.

Pre-/Co-requisites: None

Course Objectives:

- 1.) That students properly learn how to manage sporting events and learn the importance of time management
- 2.) Stay properly active and learn how to interact with students from multiple backgrounds.
- 3.) Learn importance of team work and dealing with different situations that come against you.
- 4.) Appreciate the ability to travel and compete at a high level of competition for college baseball.

Instructor: Mark LaCroix

Office: Thatcher Hall 10A, Bottineau Campus

Office Hours: M, T, W, Th and F: 9:00 am – 11:30 am

Phone: 701-871-8793

Email: mark.lacroix@dakotacollege.edu

Lecture/Lab Schedule:

Practices run from 4:00-6:30 in the fall, the early spring we are 6:30-8:30, then we are 2:00-4:30 in the later part of the spring. We also do study tables, along with team meetings as those will be announced before the week of practices start.

Textbook(s): N/A

Course Requirements:

Baseball players are required to show up for practice and be on time. If late they will be required to run for the time that they were late. They are to participate in practice and give me their best efforts to get better every day. Players are required to come to the games, scrimmages, and team events.

Tentative Course Outline:

Baseball practices will be every night except for Mondays, follow that as players will be given a games schedule for what we have for games in the spring.

General Education Competency/Learning Outcome(s) OR CTE Competency/Department Learning Outcome(s):

Goal 5: Employs the principle of wellness

Objective 1: Demonstrates healthy lifestyle and physical wellness

Skill 1: Participate in team or individual sport

Skill 2: Demonstrates being physically active

Skill 3: Identifies how to work with others and learn to work together

Relationship to Campus Focus:

We want students to know who we are and know that we are always willing to help around campus. We want to help the campus grow but also make it where people enjoy coming to our ball games.

Classroom Policies:

Students need to bring a notebook and pen to class to take notes. Students are to pay attention and know what their duties are going forward into events.

Student Email Policy:

Dakota College at Bottineau is increasingly dependent upon email as an official form of communication. A student's campus-assigned email address will be the only one recognized by the Campus for official mailings. The liability for missing or not acting upon important information conveyed via campus email rests with the student.

Academic Integrity:

According to the DCB Student Handbook, students are responsible for submitting their own work. Students who cooperate on oral or written examinations or work without authorization share the responsibility for violation of academic principles, and the students are subject to disciplinary action even when one of the students is not enrolled in the course where the violation occurred. The Code detailed in the Academic Honesty/Dishonesty section of the Student Handbook will serve as the guideline for cases where cheating, plagiarism or other academic improprieties have occurred.

Disabilities or Special Needs:

Students with disabilities or special needs (academic or otherwise) are encouraged to contact the instructor and Disability Support Services.

Title IX:

Dakota College at Bottineau (DCB) faculty are committed to helping create a safe learning environment for all students and for the College as a whole. Please be aware that all DCB employees (other than those designated as confidential resources such as advocates, counselors, clergy and healthcare providers) are required to report information about such discrimination and harassment to the College Title IX Coordinator. This means that if a student tells a faculty member about a situation of sexual harassment or

sexual violence, or other related misconduct, the faculty member must share that information with the College's Title IX Coordinator. Students wishing to speak to a confidential employee who does not have this reporting responsibility can find a list of resources on the DCB Title IX webpage.

AI Student Policy:

Unless otherwise indicated in the course syllabus, or in individual instructions for course assignments, or in the absence of the express consent of the course instructor, students are not allowed to utilize generative AI to help produce any of their academic work. Any violation of this policy will be considered an act of academic dishonesty as outlined within the Dakota College Code of Student Life.

RESPONSIBILITIES

Students	<ul style="list-style-type: none">• Responsible to follow the syllabus and assignment instructions regarding use of generative AI for all academic work.• Obtain permission of the instructor prior to the use of generative AI that is outside of the syllabus or assignment instructions. Provide appropriate rationale for how the use of generative AI will enhance the learning experience for the assignment.• In instances where generative AI is permissible, appropriately cite the generative AI program used and indicate where in the assignment it was used, in a brief submission statement.
Faculty	<ul style="list-style-type: none">• Determine if the use of generative AI could enhance student learning in any assignment or project.• Clearly indicate in all course syllabi if generative AI is allowable for any academic work.• If allowable, give specific parameters for how and when generative AI may be used.• If a violation of generative AI for the individual course/syllabus is suspected, discuss the concern with the student. If violation is still suspected, inform the appropriate semester coordinator/program director.