

Course Prefix/Number/Title: UNIV 110: College Study Skills

Number of Credits: 1

Course Description: This course emphasizes learning skills that are essential for success in college work. This includes study techniques, goal setting, memory and concentration, information literacy, time management, learning styles, note taking, critical thinking, reading, civility and other techniques for improving student performance.

Pre-/Co-requisites: N/A

Course Objectives: At the end of this course it is expected that students will:

- Identify time management and organizational skills needed for Academic success
  - Develop critical thinking skills and practice analysis
  - Learn and apply test taking strategies
  - Identify and construct personal, academic and professional goals
  - Develop note taking and research skills

## **Instructor: Valerie Rivera**

**Office: Student Success Center** 

## **Office Hours: Email for appointment**

Phone: 701-228-5477

## Email: valerie.rivera@dakotacollege.edu

**Textbook(s):** Gardner, John N., Betsy O. Barefoot. *Your College Experience: Strategies for Success.* 10<sup>th</sup> Edition. Bedford/St. Martin's: Boston, MA (2012). ISBN: 978-0-312-602-54-3 (Textbooks available for purchase through the DCB bookstore)

## **Course Requirements:**

- Weekly Discussion Post Participation
- Written Assignments per week.

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|-------------|---|------------------------|------------|-----------|
| Week 1      | Oct. 19 <sup>th</sup> - Oct. 25 <sup>th</sup> |                        |            |           |
|             | Intro/Syllabus                                | Policies               |            |           |
|             | Setting the Stage                             | Time Management        | Chapter 3  | 20 points |
|             | Goal Setting                                  | Class Time/ MGMT       | Chapter 6  | 30 points |
| Week 2      | Oct. 26 <sup>th</sup> - Nov. 1 <sup>st</sup>  |                        |            |           |
|             | Organizing Time                               | Procrastination        | Chapter 2  | 20 points |
|             | Organizing Time                               | Schedule               | Chapter 2  | 20 points |
|             | (cont.)                                       |                        |            |           |
| Week 3      | Nov. 2 <sup>nd</sup> - Nov. 8 <sup>th</sup>   |                        |            |           |
|             | Learning Styles                               | Reading/VARK           | Pgs 62-64  | 30 points |
|             | Efficient Classroom                           | Pgs 183-189            | Chapter 6  | 30 points |
|             | MGMT  |                        |            |           |
| Week 4      | Nov. 9 <sup>th</sup> - Nov. 15 <sup>th</sup>  |                        |            |           |
|             | Critical Thinking                             | Using Textbooks        | Chapter 5  |           |
|             | Reading                                       | Effective Study Skills | Chapter 7  |           |
| Week 5      | Nov. 16 <sup>th</sup> - Nov. 22 <sup>nd</sup> |                        |            |           |
|             | Memory  | Study Skills Guide     | Chapter 8  | 30 points |
|             | Memory (Cont.)                                | Film                   |            | 30 points |
| Week 6      | Nov. 23 <sup>rd</sup> – Nov. 29 <sup>th</sup> |                        |            |           |
|             | Test Taking                                   | Chapter 9              |            | 30 points |
|             | Communication                                 | Chapter 11             |            | 30 points |
|             | Review  |                        |            |           |
| Week 7      | Nov. $30^{\text{th}}$ – Dec. $6^{\text{th}}$  |                        |            |           |
|             | Education/Career                              |                        | Chapter 13 | 30 points |
|             | Dev. Professional                             |                        | Chapter 14 | 30 points |
|             | Relationships                                 |                        |            | _         |
| Week 8      | Dec. 10 <sup>th</sup>                         |                        |            |           |
|             | Final Assignment Due                          |                        |            | 50 points |

## **Tentative Course Outline:**

Totals 380

\*This course syllabus is subject to change.

**General Education Competency/Learning Outcome(s)** <u>OR</u> CTE Competency/Department Learning **Outcome(s):** This course aligns with the specific general education guidelines established by Dakota College at Bottineau. Specifically students will address the following competencies: Goal 2: Demonstrates Technological literacy, specifically LO's 1, and 2. Goal 4: Communicates effectively, specifically LO's 1-5.

**Relationship to Campus Theme:** Dakota College at Bottineau emphasizes nature, technology and beyond as a focal point for all courses offered. This course emphasizes the role of technology and communications as an integral part of the college experience.

**Classroom Policies**: Our classroom is a safe place and comfortable learning environment. Class will begin within 1-3 minutes of the assigned time. Entering the room 10-15 minutes late is a disruption and students should not purposefully nor repeatedly do so. Student comments, and actions should be relevant to daily subject matter. Please note that students are expected to be respectful of their colleagues by refraining from use of cellular devices, and limiting computer use to note taking only. Talking amongst peers is encouraged specifically in group activities as well as before and after class. Once class is in session students should be well read, and versed in the subject material and ready to work. While it is

important to share opinions and ideas regarding the subject matter DISRESPECTFUL AND/OR THREATENING BEHAVIOR WILL NOT BE TOLERATED. Such behavior will be reported to administrative officials, and if need be, the necessary authorities. For questions regarding these, and other university behavior policies, please refer to the following website:

http://www.dakotacollege.edu/handbook/

# **Student Email Policy:**

Dakota College at Bottineau is increasingly dependent upon email as an official form of communication. A student's campus-assigned email address will be the only one recognized by the Campus for official mailings. The liability for missing or not acting upon important information conveyed via campus email rests with the student.

#### **Academic Integrity:**

According to the DCB Student Handbook, students are responsible for submitting their own work. Students who cooperate on oral or written examinations or work without authorization share the responsibility for violation of academic principles, and the students are subject to disciplinary action even when one of the students is not enrolled in the course where the violation occurred. The Code detailed in the Academic Honesty/Dishonesty section of the Student Handbook will serve as the guideline for cases where cheating, plagiarism or other academic improprieties have occurred.

**Disabilities or Special Needs:** Students with disabilities or special needs (academic or otherwise) are encouraged to contact the instructor and Disability Support Services within the first two weeks of the semester to line up accommodations.

**Title IX**: Dakota College at Bottineau (DCB) faculty are committed to helping create a safe learning environment for all students and for the College as a whole. Please be aware that all DCB employees (other than those designated as confidential resources such as advocates, counselors, clergy and healthcare providers) are required to report information about such discrimination and harassment to the College Title IX Coordinator. This means that if a student tells a faculty member about a situation of sexual harassment or sexual violence, or other related misconduct, the faculty member must share that information with the College's Title IX Coordinator. Students wishing to speak to a confidential employee who does not have this reporting responsibility can find a list of resources on the DCB Title IX Webpage.