Physical Education for Elementary Children

Course: 205   Date Taught: Spring 2020

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Time: 10:00 – 10:50 Tuesday and Thursday

Texts: Physical Education Methods for Elementary Teachers (Thomas, Lee, and Thomas)

Course Description:
The course lays the foundation needed for teaching Physical Education to elementary children. Emphasis will be placed on the purpose, curriculum, and methodology of teaching elementary school children Physical Education.

Objectives:
1. To gain an understanding of the development and implementation of the elementary Physical Education program.
2. To identify the mechanics of movement for elementary children.
3. To organize and differentiate the sequential activities that is used for Physical Education.
4. To identify health problems at the elementary level.
5. To collect lesson plans, and activities from peers and instructor.
6. To observe and participate in elementary Physical Education classes in Bottineau and area.

Course Requirements/Evaluations:
1. Complete textbook and other assigned readings.
2. Successful completion of tests and quizzes administered.
3. Prepare and teach lesson plans to your peers.
4. Internet articles and summaries.
5. Develop an elementary Physical Education program. (outline)
6. Do the assigned hours of observation.

A = 90% - 100%
B = 80% - 89%
C = 73% - 79%
D = 65% - 72%

Teaching Strategies and Procedures:
Formal lectures, group discussions and role playing activities will be conducted throughout the course. Arrangements will be made to observe at the Bottineau and Area schools. Missed work can be found on Blackboard.

Attendance Policy:
A person with **3 unexcused absences** may drop your grade a letter. If attendance is a problem, you will be asked to drop the class. There will be a final during the last week of regular classes.

*You will get out of this class what you put into it. Have Fun!!