DAKOTA COLLEGE AT BOTTINEAU

COURSE SYLLABUS

HPER 213: Taping & Bracing

Number of Credits: 2

Course Description: This course is designed to introduce students to the theoretical and practical application of taping, wrapping, bracing, and other supportive techniques used in the prevention/management of athletic injuries. Emphasis is placed on understanding injury mechanisms, proper technique, indications and contraindications, and the integration of supportive techniques into a broader treatment and rehabilitation plan.

Pre-/Co-requisites: None

Course Objectives:

1. Demonstrate proficiency in various taping, wrapping, and bracing techniques.
2. Understand the anatomical and physiological principles underlying the use of taping and bracing.
3. Identify appropriate supportive techniques based on injury type and severity.
4. Evaluate the effectiveness of various materials and methods.
5. Understand the legal and ethical considerations in applying taping and bracing techniques.

Instructor: Wolf'Don Thorson

Office: Weight Room

Office Hours:
Monday/Wednesday/Friday: 7:00am-10:00am
Tuesday/Thursday: 9:00am-10:00am

Phone: 701-871-5529

Email: wolfdon.thorson@dakotacollege.edu

Lecture/Lab Schedule: Tuesday/Thursday 8:00am-8:50am

Textbook(s): None

Course Requirements: None

Tentative Course Outline:

- Taping Practical: Ankle (25 Points), Thumb Joint (25 Points), Elbow Joint (25 Points), Turf Toe (25 Points), Achilles Tendon (25 Points) Total: 125 Points
- Presentation: Injury of Students Choice (30 Points)
- Extra Credit: TBD

Classroom Policies:

- Attendance of all class meetings on time, and if unable to attend students must communicate.
- No cell phones unless given permission

Student Email Policy:
Dakota College at Bottineau is increasingly dependent upon email as an official form of communication. A student's campus-assigned email address will be the only one recognized by the Campus for official mailings. The liability for missing or not acting upon important information conveyed via campus email rests with the student.

Academic Integrity:
According to the DCB Student Handbook, students are responsible for submitting their own work. Students who cooperate on oral or written examinations or work without authorization share the responsibility for violation of academic principles, and the students are subject to disciplinary action even when one of the students is not enrolled in the course where the violation occurred. The Code detailed in the Academic Honesty/Dishonesty section of the Student Handbook will serve as the guideline for cases where cheating, plagiarism or other academic improprieties have occurred.

Disabilities or Special Needs:
Students with disabilities or special needs (academic or otherwise) are encouraged to contact the instructor and Disability Support Services.

Title IX:
Dakota College at Bottineau (DCB) faculty are committed to helping create a safe learning environment for all students and for the College as a whole. Please be aware that all DCB employees (other than those designated as confidential resources such as advocates, counselors, clergy and healthcare providers) are required to report information about such discrimination and harassment to the College Title IX Coordinator. This means that if a student tells a faculty member about a situation of sexual harassment or sexual violence, or other related misconduct, the faculty member must share that information with the College's Title IX Coordinator. Students wishing to speak to a confidential employee who does not have this reporting responsibility can find a list of resources on the DCB Title IX webpage.

AI Student Policy:
Unless otherwise indicated in the course syllabus, or in individual instructions for course assignments, or in the absence of the express consent of the course instructor, students are not allowed to utilize generative AI to help produce any of their academic work. Any violation of this policy will be considered an act of academic dishonesty as outlined within the Dakota College Code of Student Life.

RESPONSIBILITIES

Students	• Responsible to follow the syllabus and assignment instructions regarding use of generative AI for all academic work. • Obtain permission of the instructor prior to the use of generative AI that is outside of the syllabus or assignment instructions. Provide appropriate rationale for how the use of generative AI will enhance the learning experience for the assignment. • In instances where generative AI is permissible, appropriately cite the generative AI program used and indicate where in the assignment it was used, in a brief submission statement.

Faculty	• Determine if the use of generative AI could enhance student learning in any assignment of project. • Clearly indicate in all course syllabi if generative AI is allowable for any academic work. • If allowable, give specific parameters for how and when generative AI may be used. • If a violation of generative AI for the individual course/syllabus is suspected, discuss the concern with the student. If violation is still suspected, inform the appropriate semester coordinator/program director.