

Course Prefix/Number/Title: DHYG 136 Principles I

Number of Credits: 2 credits

Course Description:

This course provides students with fundamental dental hygiene theory. Topics include the history, philosophy, and ethics relevant to the dental hygiene discipline. Students will study patient assessment, etiology and prevention of oral diseases, and the management of patient records. Recognizing signs of abuse or neglect and reporting will also be studied.

Pre-requisites:

- Acceptance into the Dental Hygiene program
- Successful completion of DENT 116 Dental Anatomy

Co-Requisites:

DHYG 137 Preclinic I

Course Objectives:

Upon successful completion of this course, the student will be able to:

- 1. Describe the history of the dental hygiene profession, scope of dental hygiene practice and dental hygiene practice in alternative settings.
- 2. Identify and describe the components of the dental hygiene process of care and code of ethics.
- 3. Explain evidence-based practice and its importance in clinical dental hygiene care.
- 4. Discuss the skills and attributes of effective health communication with a diverse population.
- 5. Discuss each element of the comprehensive patient assessment.
- 6. Identify appropriate management and legal requirements of the patient record.
- 7. Identify the parts of the periodontium in both healthy and diseased states.
- 8. Explain the rationale and systematic sequence of the extraoral and intraoral examination.
- 9. Identify suspected extraoral and intraoral conditions that require follow-up and referral for medical evaluation.

- 10. Describe the general extraoral and intraoral signs of child abuse, elder abuse, and intimate partner violence and discuss the role of the dental hygienist in reporting suspected abuse or neglect.
- 11. Classify various dental hygiene instruments according to where and how they are used.
- 12. Recognize the various developmental and non-carious dental lesions.
- 13. Differentiate between enamel caries, early childhood caries, and root caries.
- 14. Describe the various deposits that are found on the dentition.
- 15. Describe the rationale and technique for selective coronal polishing.
- 16. Describe the mechanism of action of fluoride in the prevention of dental caries.
- 17. Compare preventive dentistry options and techniques.

Dental Hygiene Student Learning Outcomes addressed in this course:

- 1. Provide patient centered, comprehensive, evidence-based dental hygiene care to a diverse socioeconomic, educational, and cultural patient population.
- 2. Apply the principles of professional and ethical standards in providing dental hygiene care to individuals of all populations.
- 3. Participate in interprofessional community health promotions.
- 4. Exhibit professionalism and communicate effectively with patients, coworkers, and other healthcare professionals.
- 5. Engage in professional activities and lifelong learning.

Dental Hygiene Program Outcomes

- 1. Prepare highly qualified dental hygiene professionals by providing up-to-date, high quality academic and clinical dental hygiene education.
- 2. Provide a competency-based education.
- 3. Provide students with opportunities for interprofessional community health promotion.
- 4. Earn and maintain full accreditation status according to the Commission on Dental Accreditation.
- 5. Incorporate emerging technologies to enhance quality dental hygiene care.
- 6. Prepare students to engage in professional activities and lifelong learning.

Instructor: Kelsey Tate, RDH, BSDH, RF

Office: 209 B

Office Hours: Tuesdays 12pm-2pm or By Appointment

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Email: Kelsey.tate@dakotacollege.edu

Lecture Schedule:

This hybrid lecture course meets for two hours per week for 16 weeks for a total of 32 contact hours.

Textbooks: (Texts are also used in other dental hygiene courses.)

Boyd, L., Mallonee, L., Wyche, C. 2023. Wilkins' Clinical Practice for the Dental Hygienist, 14th Ed. Burlington, MA. Jones & Bartlett Learning. ISBN: 978-1-284-25599-7



Boyd, L., Mallonee, L., Wyche, C., Halaris, J. 2021. *Active Learning Workbook for Wilkins' Clinical Practice of the Dental Hygienist*, 13th Ed. Jones & Bartlett Learning. ISBN: 9781975106904



Gehrig, J., Sroda, R. Saccuzzo, D. 2026. *Fundamentals of Periodontal Instrumentation & Advanced Root Instrumentation,* Enhanced 9th Ed. Burlington, MA. Jones & Bartlett Learning. ISBN: 978-1-284-019339

Gehrig, Jill S. 2018. *Patient Assessment Tutorials for the Dental Hygienist*. Enhanced 4th Ed. Burlington, MA. Jones & Bartlett Learning. ISBN: 978-1-284-24092-4



Syllabus updated for DCB K. Tate July 2025

Course Requirements:

The student must pass this course with a letter grade of "C" or above and complete all course assignments, tests, midterm and final exams.

Tentative Course Outline:

citative course outline.			
Week 1	The Professional Hygienist		
	Evidence Based Dental Hygiene Practice		
Week 2	Effective Health Communication	Test	
	Dental Hygiene Care in an Alternative Setting		
Week 3	Documentation of Dental Hygiene Care	Test	
Week 4	Medical Dental and Psychosocial Histories	Test	
Week 5	Periodontal Examination	Test	
Week 6	Family Violence	Test	
	Hard Tissue Examination of the Dentition		
Week 7	Extraoral and Intraoral Examination	Test	
Week 8	Midterm Exam	Midterm	
		Exam	
Week 9	Extraoral and Intraoral Examination (cont.)		
	Instrument Design and Classification		
Week 10	Dental Soft Deposits, Biofilm, Calculus, and Stains	Test	
Week 11	Dental Soft Deposits, Biofilm, Calculus, and Stains		
	(cont.)		
Week 12	The Periodontium and Gingival Description	Test	
Week 13	Extrinsic Stain Removal and Coronal Polishing	Test	
Week 14	Fluorides	Test	
Week 15	Comprehensive Review for final exam		
Week 16	Final Exam (comprehensive)	Final	
		Exam	

General Education Competency/Learning Outcome(s) OR CTE Competency/Department Learning Outcome(s):

Employs industry-specific skills for workplace readiness.

Relationship to Campus Focus:

Dakota College Bottineau dental programs are designed to prepare students to meet the needs of communities by applying evidence-based decision making, using cutting-edge technology, and integrating quality and safety competencies into their dental programs. Each course within

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the program serves as a foundation for clinical practice in the dental assisting and dental hygiene profession. To meet the demands of the every-changing field of dentistry, students are taught to value life-long learning.

Classroom Policies

Classroom Etiquette:

- Be punctual to lectures, labs and clinics.
- Avoid any activity that may cause distraction during class. Side conversations are not allowed.
- Incivility will not be tolerated.
- Use of mobile devices and related applications, cameras are not allowed to be used, unless it is for a class activity.
- Children are not allowed in the classroom.

Grading

Course and lab/clinic grades are based on a variety of activities and assignments designated by the faculty. The criteria by which grades for each lecture and clinical course are included in the course syllabus distributed to students. Students have access to and should review the learning management system grading calculation method.

Students are responsible to know what their grades are during the course. Please review your grades in Blackboard frequently. If an assignment or exam in the student's gradebook says the assignment or exam has not been submitted or has not been entered, it is then treated as a fact the student didn't do the assignment or exam as outlined in the directions. Make sure your assignments are submitted before the due date to assure timely submission. Please see your Dakota Dental Program handbook for grading policies, in addition to the policies listed below.

Grades

Students must earn a minimum grade of "C" with a maintained 2.0 GPA or better in all required dental hygiene program courses. Students who fail a theory or lab/clinical course will be dismissed from the dental hygiene program. A final grade of "D" or "F" is a failed grade. If a student has unsatisfactory grades, he/she should contact the instructor for a remediation plan.

Assignments/Tests/Labs/Clinics: All assignments must be completed and submitted on time in the manner specified by the faculty. Students may fail the course if all assignments are not completed.

Late/makeup work: Late work will not be accepted (student will receive a zero) unless previously arranged with the instructor or impacted by extenuating circumstances. Upon approval, if an assignment is turned in within one week of the due date, there will be a 5% deduction from the assignment grade. Extenuating circumstances will be evaluated by the faculty for the course.

Late tests: If the student fails to take a test on time, he/she will need to contact the instructor to arrange a time to take the exam. There will be a 10% deduction from the test grade, for tests taken late. If a test is not taken within a week of the test date, you will receive a zero for that test. Extenuating circumstances will be evaluated by the faculty for the course.

This course will be evaluated by:

The final grade for this course will be calculated according to the following:

Graded Assignments	Points Possible
Ch. 1 & 2 PICO Digital Search Due 09/03/25	15
Ch. 3 & 4 Competency Exercise Due 09/10/25	15
Ch. 3 & 4 Discovery Exercise Due 09/10/25	8
Week 3 Ethics Discussion Due 09/17/25	10
Health History Due 09/24/25	10
Instrument Design Due 10/01/25	30
Periodontal Exam Entry Due 10/01/25	10
Week 6 Ethics Discussion Due 10/08/25	10
Periodontal Hand Instruments Due 10/29/25	20
Research/Analyze anti-calculus dentifrices	20
products Due 11/12/25	
Factors to teach the patient activity p. 107 SG	15
Due 11/19/25	
Professional Information on internet Due	15
11/19/25	
Gingival Descriptor Worksheets Due 11/19/25	10
Research peer reviewed article on selective	15
polishing summary Due 12/03/25	
Research on prophy angles Due 12/03/25	15
Mineralization – Remineralization Diagram Due	10
12/10/25	
Benefits of Fluoride Role Play Due 12/10/25	20
Total Points Possible	248

Tests	Points Possible
Ch. 1 & 2 <mark>09/04/25</mark>	20
Ch. 3 & 4 <mark>09/11/25</mark>	20
Ch. 10 <mark>09/18/25</mark>	18
Ch. 11 <mark>09/25/25</mark>	20
Ch. 20 10/02/25	20
Ch. 14 & 16 <mark>10/09/25</mark>	20
Midterm Exam 10/16/25	100
Ch. 13 & Mod 8 10/30/25	40
Ch. 17 11/13/25	30
Ch. 18 11/20/25	20
Ch. 42 12/04/25	20
Final Exam including Ch. 34 12/18/25	100
Total Points Possible	428

This course grade will be calculated by the percentages in the chart below:

Final course grade calculation	Percentage of final grade	Points possible	Percentage calculated
Graded Assignments	30%	248	74 Points
Exams including final exam	70%	428	300 Points
Total	100%		374 Points

The following grade scale is used:

Α	92 - 100	343 - 374
В	84 – 91	313 - 342
С	75 – 83	279 - 312
D	67 – 74	278 and below
F	Below 67	

Active Learning:

In addition to educational strategies such as reading, listening and reflecting, when appropriate this class makes use of learning techniques commonly known as active learning. Students should expect to participate in active learning techniques such as discussions and presentations, small group activities, writing, problem-solving, case studies, role-playing, etc. These activities promote analysis, synthesis, and evaluation of class content in order to improve student learning outcomes.

Course Study Expectations:

Commitment to learning is important to success. For every semester credit you are taking in a class, (e.g., 3 credit course = 9 hours per week) the student should schedule three hours to read, study, and devote to your course, outside of class.

Attendance Policy:

The Dakota College Dental Hygiene Program supports the college policy on attendance as stated in your college catalog. The dental hygiene program implements strict attendance policies for classroom, lab and clinical experience. Students are expected to attend all lecture, lab and clinical hours.

Regular, punctual attendance demonstrates professional behavior and responsibility. Absences may make it impossible for a student to meet course objectives and may result in failure of the course. A student may be excused from class, lab or clinic with the approval of the instructor. It is the student's responsibility to plan to fulfill missed assignments with the appropriate faculty member. All makeup work may have a deduction in lecture, lab or clinic. All missed hours in lab or clinic must be made up with one hour for each hour missed. If a student has more than 25% absence in any classroom, lab or clinic session, it may result in course failure. If you must be absent, (e.g., illness) please inform the instructor as soon as possible. Instructors contact information is on the first page of this syllabus.

Questions:

If you have question or need clarification on anything to do with this course, please reach out to the instructor. The instructor can be reached by the contact information on the syllabus.

Student Email Policy:

Dakota College at Bottineau is increasingly dependent upon email as an official form of communication. A student's campus-assigned email address will be the only one recognized by the Campus for official mailings. The liability for missing or not acting upon important information conveyed via campus email rests with the student.

Academic Integrity:

According to the DCB Student Handbook, students are responsible for submitting their own work. Students who cooperate on oral or written examinations or work without authorization share the responsibility for violation of academic principles, and the students are subject to

disciplinary action even when one of the students is not enrolled in the course where the violation occurred. The Code detailed in the Academic Honesty/Dishonesty section of the Student Handbook will serve as the guideline for cases where cheating, plagiarism or other academic improprieties have occurred.

Disabilities or Special Needs:

Students with disabilities or special needs (academic or otherwise) are encouraged to contact the instructor and Disability Support Services.

Title IX:

Dakota College at Bottineau (DCB) faculty are committed to helping create a safe learning environment for all students and for the College as a whole. Please be aware that all DCB employees (other than those designated as confidential resources such as advocates, counselors, clergy and healthcare providers) are required to report information about such discrimination and harassment to the College Title IX Coordinator. This means that if a student tells a faculty member about a situation of sexual harassment or sexual violence, or other related misconduct, the faculty member must share that information with the College's Title IX Coordinator. Students wishing to speak to a confidential employee who does not have this reporting responsibility can find a list of resources on the DCB Title IX webpage.

Legend: SG: Study Guide (Halaris, Active Learning Workbook for Clinical Practice of the Dental Hygienist, 13e): PPT: PowerPoint: SR: student

Topic Schedule Fall Semester

Content order is subject to change at the discretion of the instructor.

Course	Specific Instructional	Student Preparation and Learning Experiences	Evaluation Methods
Competencies	Objectives:		
	Upon completion of this course		
	the student will be able to:		
Week 1			·
1, 2, 3	Wilkins' Ch. 1 The Professional Hygienist -Identify and define key terms and concepts related to the professional dental hygienistDescribe the scope of dental hygiene practiceIdentify and define the components of the Dental Hygiene Process of Care -Identify and apply components of the Dental Hygiene Code of Ethics -Explain legal, ethical, and personal factors affecting dental hygiene practice -Apply concepts in ethical decision making	Wilkins' Ch. 1 The Professional Hygienist Read the chapter and follow the PPT -Review the audio pronunciations and definitions for Chapter 1Knowledge Exercises, SG, pp. 2–4 -Competency Exercises, SG, pp.4-5 -Discovery Exercises, SG, p. 5 -Questions patients ask, SG, p. 5	Assignments: -PICO Digital Search Assignment- Upload into Blackboard- Due 09/03/2

		-SR: s complete the Knowledge Check questions within the Navigate	
		2 eBook for Chapter 1.	
	Wilkins' Ch. 2 Evidence-Based Dental Hygiene		
	Practice	Wilkins' Ch. 2 Evidence-Based Dental Hygiene Practice	
	-Explain evidence-based dental hygiene practice and its importance in clinical dental	Read the chapter and follow the PPT	
	hygiene care.	- Review the audio pronunciations and definitions for Chapter 2.	
	-Discuss various approaches to research	- Knowledge Exercises, SG, pp. 6–7	
	including the strength of evidence each	-Competency Exercises, SG, p. 7-8	
	providesDescribe a systematic approach used to find	- Questions patients ask, SG, p.8	
	credible scientific literature	- Factors to teach the patient, SG, p. 8	
	-Describe skills needed for analyzing evidence-	-SR: Complete the Knowledge Check questions located within the	
	based health information	Navigate 2 eBook for chapter 2.	
Week 2			
4	Wilkins' Ch. 3 Effective Health Communication	Wilkins' Ch. 3 Effective Health Communication	Test Ch. 1 and 2 09/04/25
	-Discuss the skills and attributes of effective	Read the chapter and follow the PPT	
	health communication.	- SR: Review the audio pronunciations and definitions for Chapter 3.	Assignments:
	-Identify factors that influence health communication.	- Knowledge Exercises, SG, pp. 10–12	-Summary Exercises 1
	-Explain how the patient's age, culture, and	- Competency Exercises, SG, p. 12 - 13	pp. 19 – 20, Answer
	health literacy level affect health	- SR: Watch video, "Effective Health Communication"	questions 1 – 5. Upload to
	communication strategies.	-Factors to teach the patient, SG p. 13	BB. Due 09/10/25
	-Identify communication theories relevant to effective health communication and	-Everyday Ethics, SG, p.13	bb. bdc 03/10/23
	motivational interviewing	- SR: Complete knowledge questions in Navigate 2 eBook for chapter 3.	-Discovery Exercise pg. 20, #1. Upload to BB. Due 09/10/25
	Wilkins' Ch. 4 Dental Hygiene Care in an	Wilkins' Ch. 4 Dental Hygiene Care in an Alternative Setting	·
	Alternative Setting	Read the chapter and follow the PPT	
	-Identify and define key terms and concepts	- SR: Review the audio pronunciations and definitions for Chapter 4.	
	related to oral health care in alternative settings.	-Knowledge Exercises, SG, pp. 15-16	
	-Identify materials necessary for providing	-Competency Exercises, SG, pp.16-17	
	dental hygiene care in alternative settings	-Discovery Exercise, SG, p.17	
	-Plan and document adaptations to dental	-Questions Patients Ask, SG, p. 17	
	hygiene care plans and oral hygiene	-Everyday Ethics, SG, p.18	
	instructions for the patient who is residence- bound, bedridden, unconscious, or terminally	- SR: Complete the Knowledge Check questions within the Navigate 2	
	ill.	eBook for Chapter 4.	
Week 3		- Cook of Grapher 4	
5, 6	Wilkins' Ch. 10 Documentation of Dental	Wilkins' Ch. 10 Documentation of Dental Hygiene Care	Test Ch. 3 & 4 <mark>09/11/25</mark>
J, J	Hygiene Care	Read the chapter and follow the PPT	
		Thead the chapter and ronow the first	

	-Identify and define key terms and concepts related to written and computerized dental records and charting. -Describe concepts related to ensuring confidentiality and privacy of patient information. -Compare three tooth-numbering systems. -Discuss the various components of the patient's permanent, comprehensive dental record. -Recognize and explain a systematic method for documenting patient visits.	- SR: Review the audio pronunciations and definitions for Chapter 10Knowledge Exercises, SG, pp. 56-58 -Competency Exercises, SG, p. 59 -Summary Exercises III, Word search, SG, p.61 - Complete the Knowledge Check questions within the Navigate 2 eBook for Chapter 10.	Discussion: -Everyday Ethics Discussion Due 09/17/25
Week 4			
5, 6	Wilkins' Ch. 11 Medical Dental and Psychosocial Histories -Relate and define key terms and concepts utilized in the creation of patient histories -Explain the significance and purpose of accurate and complete patient medical, dental and psychosocial historiesCompare and contrast the different methods available for the compilation of patient histories and the advantages and disadvantages of each -Discuss how the components of patient histories relate directly to the application of patient care	Wilkins' Ch. 11 Medical Dental and Psychosocial Histories Read the chapter and follow the PPT -SR: Review the audio pronunciations and definitions for Chapter 11Knowledge Exercises, SG, pp. 64-65 -Competency Exercises, SG, p. 66 -Discovery Exercise, SG, p. 66 -Complete Everyday Ethics questions on page 181 of the text -Complete the Knowledge Check questions within the Navigate 2 eBook for Chapter 11. Dental Program Electronic Software- Medical, Dental and Psychosocial Histories sections	Test Ch.10 09/18/25 Practice in putting a health history in the pt chart that you created for your manikin patient Assignment: -Take a health history on a classmate using the DCB dental program electronic software. Ask follow-up questions if needed. Due 09/24/25
Week 5			
5, 6, 8, 9, 10	Wilkins' Ch 20 Periodontal Examination -Describe the components of a comprehensive periodontal examination -List the instruments used for a periodontal examination -Explain the technique for use of the periodontal probe and explorers -Explain how procedure for the comprehensive examination will be described to the patient	Wilkins' Ch 20 Periodontal Examination Read the chapter and follow the PPT - SR: Review the audio pronunciations and definitions for Chapter 20Knowledge Exercises, SG, pp. 118-121 Questions 1 – 30, 48, 49Competency Exercises, SG, p. 124, 1 – 4SR: Watch videos, "Explorers" and "Probes" SR: Complete the Knowledge Check questions within the Navigate 2 eBook for Chapter 20.	Test Ch. 11 09/25/25 Assignment: -Search the Internet for examination instruments: explorers, mirrors, and probes, and evaluate three different types of explorers, probes, and mirrors available to the

Week 6			hygienist. Evaluate design, variations between each design, and pros and cons for each. Due 10/01/25 -Practice entering a periodontal exam in the electronic dental software. Print chart and upload to BB. Due 10/01/25
5, 6, 10, 12, 13	Wilkins' Ch. 14 Family Violence -Describe the general, extraoral, and intraoral signs of child abuse and neglect -Describe the general, physical, extraoral, and intraoral signs of elder abuse and neglect. -Discuss the signs and attitudes of the abused in an intimate partner abuse and violence situations -Discuss the role of the dental hygienist in reporting suspected maltreatment of children, elders, and intimate partners -Discuss Munchausen syndrome by proxy and describe indicators associated with the syndrome -Describe the general and behavioral indicators of human trafficking victims Wilkins' Ch. 16 Hard Tissue Examination of the Dentition -Identify the three divisions of the human dentition: primary teeth, mixed (transitional) dentition and permanent teeth -Recognize and explain the various developmental and non-carious dental lesions -Describe types of dental injuries and tooth fractures that may occur -List the G.V. Black, American Dental Association Caries Classification, and International Caries Detection and Assessment System classification of dental carious lesions used for diagnosis, treatment planning, management, cavity preparations, and finished restorations.	Wilkins' Ch. 14 Family Violence Read the chapter and follow the PPT -Knowledge Exercises, SG, pp. 78-80 -Competency Exercises, SG, p. 80 -Discovery Exercises, SG, p. 80 Wilkins' Ch. 16 Hard Tissue Examination of the Dentition Read the chapter and follow the PPT -SR: Review the audio pronunciations and definitions for Chapter 16Knowledge Exercises, SG, pp. 89-92 -Competency Exercises, SG, pp. 92-93 -Factors to teach the patient p. 94	Test: Ch. 20 10/02/25 Assignments: -Everyday Ethics Discussion Due 10/08/25

Week 9			
Week 8	Midterm Exam- Cumulative (does not inc	lude ch13) 10/16/25	
Week 7 5, 6, 8, 9, 10	-Give examples of parafunctional habits -Discuss types of occlusal trauma and explain the effects on the oral structures -Identify and explain the purposes and uses of study models in the clinical practice of dental hygiene Wilkins' Ch. 13 Extraoral and Intraoral Examination -Explain the rationale for a comprehensive extra-and intraoral examination -Explain the systematic sequence of the extra-and intraoral examination -Identify normal hard and soft tissue anatomy of the head, neck, and oral cavityDescribe and document physical characteristics (size, shape, color, texture, consistency) and morphological categories (elevated, flat and depressed lesions) for notable findings -Identify suspected conditions that require additional testing and referral for medical evaluation	Wilkins' Ch. 13 Extraoral and Intraoral Examination Read the chapter and follow the PPT -Knowledge Exercises, SG, pp. 72-76 -Competency Exercises, SG, pp. 77 -Everyday Ethics text p. 208, SG, 77 -View the Web site of the OralPathology Laboratory, Inc. http://www.oralpathlab.com/ -SR: Complete the Knowledge Check questions within the Navigate 2 eBook for Chapter 13 Web exercise. View the Oral Manifestations of HIV and AIDS Web site to see the case studies and slide examples. www.hivdent.org/ picturegallery / picturegallery.htm Head & Neck Exam and Oral Exam -Review Modules 13 & 14 in Patient Assessment Tutorials: Wonderful colored pictures	Test Ch. 14 & 16 10/09/25
	-Explain the initiation and development of early childhood caries (ECC) -Compare methods for determining the vitality of the pulp of a tooth -Provide a list of the factors to be observed and recorded during a complete dental charting with a new patient -Explain the basic principles of occlusion -Classify occlusion on a patient or case study according to Angle's classification and describe the facial profile associated with each classification -Describe functional and parafunctional contacts		

Continue Wilkins' Ch. 13 Extraoral and 5, 6, 8, 9, 10, 11 Continue Wilkins' Ch. 13 Extraoral and Intraoral Examination Intraoral Examination See Week 7 Assignment: Fundamentals of Periodontal Instrumentation **Fundamentals of Periodontal Instrumentation Instrument Design** Locate 5 different **Module 8 Instrument Design and Classification** -Identify each working-end of a periodontal and Classification periodontal hand instrument by its design name and number. Read Module 8 and follow the PPT instruments from the -Recognize the design features of instrument digital HuFriedy catalog handles and shanks and discuss how these https://catalog.hudesign features relate to the instrument's use. -Describe the advantages and limitations of the friedv.com/#p=1. Print various design features available for instrument the page(s) and label each handles and shank. instrument as either -Given a variety of periodontal instruments, demonstrate the ability to select instruments simple or complex in its with handle design characteristics that will shank design. Briefly reduce the pinch force required to grasp the explain each instrument's instrument. intended use as evident by -Given a variety of periodontal instruments, sort the instruments into those with simple its various features, shank design and those with complex shank including its classification. design. Post to BB. Due 10/29/25 -Given a variety of sickle scalers and curets, identify the face, back, lateral surfaces, cutting edges, and toe or tip on each working-end. -Given a variety of periodontal instruments, determine the intended use of each instrument by evaluating its design features and classification. -Given any instrument, identify where and how it may be used on the dentition (i.e., assessment or calculus removal, anterior/posterior teeth, supragingival or subgingival use). Week 10 & 11 5, 6, 14 Wilkins' Ch.17 Dental Soft Deposits, Biofilm, Test Ch. 13 & Module 8 Wilkins' Ch.17 Dental Soft Deposits, Biofilm, Calculus, and Stains Calculus, and Stains Read chapter 17 and follow PPT 10/30/25 -Define acquired pellicle and discuss the -SR: Review the audio pronunciations and definitions for Chapter 17. significance and role of the pellicle in the -Complete knowledge exercises, SG, pp. 95-100 Assignments: maintenance of oral health -Describe the different stages in biofilm -Research an over-the--Competency Exercises, SG, p. 100 formation and identify the changes in biofilm -SR: Complete the Knowledge Check questions within the Navigate 2 counter anti-calculus microorganisms as biofilm matures eBook for Chapter 17. dentifrice product and -Differentiate between the types of soft and analyze it for the hard deposits -Recognize the factors that influence the following: accumulation of biofilm, calculus and stain

1			
	-Explain the location, composition, and		a. List active ingredients
	properties of dental biofilm, calculus and stain		and discuss what each one
	-Identify the modes of attachment of supra- and subgingival calculus to dental structure		does and what percentage
	-Describe the clinical and radiographic		of the product is made up
	characteristics of supra- and subgingival		of this ingredient.
	calculus and its detection		b. Who will benefit; who is
	-Educate patients regarding the etiology and		the target population?
	prevention of dental biofilm, calculus, and stain		c. Does the ADA approve
	-Differentiate between exogenous and endogenous stains and identify extrinsic and		1
	intrinsic dental stains and discolorations		this type of dentifrice?
	- Determine appropriate clinical approaches for		d. Discuss how information
	stain removal and maintenance		regarding dental products
	-Design biofilm, calculus and stain management		is passed on to the
	strategies to meet each patient's needs		consumer
			Post to BB. Due 11/12/25
Week 12			
5, 6, 7	Wilkins' Ch. 18 The Periodontium	Wilkins' Ch. 18 The Periodontium	Test Ch. 17 11/13/25
	-Recognize normal tissues of the periodontium	Read chapter 18 and follow PPT	
	 -Know the clinical features of the periodontium -Describe the characteristics of healthy gingiva 	-Knowledge Exercises, SG, pp. 103-106	Assignment:
	-Compare and contrast the characteristics of	-Competency Exercises, SG, p. 106	- Complete the Factors To
	gingiva in health and disease	- Practice filling in the anatomical names of gingival structures, using	Teach The Patient activity
	-Describe characteristics of healthy gingiva	figures 18-1, p. 304, 18-2, p. 304, 18-3, p. 305, 18-4, p. 305, 18-7, p.	on p. 107 of the SG.
	following periodontal surgery	307, 18-9, p. 308.	Upload to BB. Due
		- SR: s complete the Knowledge Check questions within the Navigate	11/19/25
			11/19/25
		2 eBook for Chapter 18.	V6 3 4 6 11 3 41
			- Visit the following three
			websites. In 100 words or
		Gingival Description- see the fantastic pictures in Module 15	less, explain which one you
		- Practical Focus—Fictitious Patient Cases A to E,	would refer your patients
		pp. 563–580 Patient Assessment Tutorials Module 15	to for information. Is it
			different from the one you
			would visit for professional
			information?
			1. http://www.perio.or
			g/consumer/2a.html
			(Gum Disease
			Information from the

			American Academy of Periodontology) 2. http://www.mouthh ealthy.org/en/ (ADA Organization
			Mouth Healthy) 3. http://www.nidcr.ni h.gov/oralhealth/To pics/GumDiseases/P eriodontalGumDisease se.htm http://www.nidcr.ni http://www.nidcr.ni<
			Due 11/19/25 -Gingival Descriptor Worksheets- Patient Assessment Tutorials book Pp 563-580 Complete all 5 cases A to E- submit completion of 1 to BB. Due 11/19/25
Week 13			
15	Wilkins' Ch. 42 Extrinsic Stain Removal and Coronal Polishing -Describe the difference between a cleaning agent and a polishing agent -Explain the basics for selection of the grit of polishing paste for each individual patient -Discuss the rationale for avoiding polishing procedures on areas of demineralization -Explain the effect abrasive particle shape, size and hardness have on the abrasive qualities of a polishing paste	Wilkins' Ch. 42 Extrinsic Stain Removal and Coronal Polishing Read Ch. 42 and follow PPT -SR: Review the audio pronunciations and definitions for Chapter 42Knowledge Exercises, SG, pp. 259-261 -Competency Exercises, SG, p. 262 -SR: Watch video, "Extrinsic Stain Removal" - SR: Complete the Knowledge Check questions within the Navigate 2 eBook for Chapter 42.	Test Ch. 18 11/20/25 Assignment: Research a peer reviewed article on selective polishing. Summarize your findings. Upload to BB. Due 12/03/25 Research a variety of prophy angles. Create a

Week 14 16, 17	Wilkins' Ch. 34 Fluorides -Describe the mechanisms of action of fluoride in the prevention of dental caries -Explain the role of community water fluoridation on the decline of dental caries incidence in a community -Recommend appropriate over-the-counter (OTC) and professionally applied fluoride therapies based on each patient's caries risk assessment -Compare use of fluoride home products (OTC and prescription) -Incorporate fluoride into individualized prevention plans for patients of various ages and risk levels	Wilkins' Ch. 34 Fluorides Read Ch. 34 and follow PPT -SR: Review the audio pronunciations and definitions for Chapter 34Knowledge Exercises, SG, pp. 208-212 -Competency Exercises, SG, p. 212 -SR: Complete the Knowledge Check questions within the Navigate 2 eBook for Chapter 34	chart explaining at least 3 different prophy angles and the pros and cons of each. Upload to BB. Due 12/03/25 Test Ch. 42 12/04/25 Assignment: -Draw a diagram demonstrating the demineralization and remineralization process. Upload to BB. Due 12/10/25 - Using the video on your phone, role play, with a classmate, the part of a clinician talking to a parent about the merits of professionally applied topical fluoride application and using fluoridated toothpaste at home. Upload to BB. Due 12/10/25 Test for Ch. 34 will be included in the final exam.
Week 15			
		Comprehensive Review for final exam	
Week 16		Final Exam	Final Exam 12/18/25