



Course Prefix/Number/Title: HPER 251 – Varsity Athletics – Women’s Basketball

Number of Credits: 1

Course Description: This course requires a full semester of participation in women’s basketball. The fundamental skills and basic strategies of basketball are emphasized through taching, practice, and playing the game of basketball.

Pre-/Co-requisites: None

Course Objectives:

The participants will learn:

1. That lifelong wellness is achieved and sustained by proper physical exercise and nutrition
2. The proper skill techniques to succeed as collegiate basketball players
3. The importance of teamwork and team building skills
4. How to successfully interact and communicate with teammates, opponents, officials and fans in a sportsman like manner
5. Understand the rules of competition
6. Appreciate interscholastic competition

Instructor: Carolyn Rygg Med LAT ATC

Office: Athletic Training Room, Thatcher 158

Office Hours: Monday – Friday 9-11:30 & 1-4 \*subject to vary depending on week events\*

Phone: 701-520-8246 (for emergencies)

Email: Carolyn.j.rygg@dakotacollege.edu

Lecture/Lab Schedule: M-F – Practice (undetermined), games, and other training sessions

Textbook(s): Ladyjacks Basketball Notebook

Course Requirements:

The students are evaluated on their participation, effort, attitude, and willingness to learn. Each of the four criteria are weighted at 25%. The students will participate in individual workouts, team practices, classroom lectures, team building exercises, and a full season of game participation.

Tentative Course Outline: Team practice time will be scheduled on a weekly basis with practice beginning on Aug 27<sup>th</sup> running through May 5th.

General Education Competency/Learning Outcome(s) OR CTE Competency/Department Learning Outcome(s):

Competency 5: Employs the principles of wellness and cooperation

Learning Outcome 1: Demonstrates physical wellness

Performance Indicator 1: Participates in varsity sport

**Relationship to Campus Focus:** This course stresses the “beyond”. The students will be learning how to communicate effectively with others. They also will be learning the value of lifelong fitness and promoting physical, emotion, and spiritual wellness.

**Classroom Policies:** The students will be expected to attend all practices, games tournaments, and team functions. They will conduct themselves in an appropriate manner that reflects sportsmanship and good character.

**Student Email Policy:**

Dakota College at Bottineau is increasingly dependent upon email as an official form of communication. A student’s campus-assigned email address will be the only one recognized by the Campus for official mailings. The liability for missing or not acting upon important information conveyed via campus email rests with the student.

**Academic Integrity:**

According to the DCB Student Handbook, students are responsible for submitting their own work. Students who cooperate on oral or written examinations or work without authorization share the responsibility for violation of academic principles, and the students are subject to disciplinary action even when one of the students is not enrolled in the course where the violation occurred. The Code detailed in the Academic Honesty/Dishonesty section of the Student Handbook will serve as the guideline for cases where cheating, plagiarism or other academic improprieties have occurred.

**Disabilities or Special Needs:**

Students with disabilities or special needs (academic or otherwise) are encouraged to contact the instructor and Disability Support Services.

**Title IX:**

Dakota College at Bottineau (DCB) faculty are committed to helping create a safe learning environment for all students and for the College as a whole. Please be aware that all DCB employees (other than those designated as confidential resources such as advocates, counselors, clergy and healthcare providers) are required to report information about such discrimination and harassment to the College Title IX Coordinator. This means that if a student tells a faculty member about a situation of sexual harassment or sexual violence, or other related misconduct, the faculty member must share that information with the College’s Title IX Coordinator. Students wishing to speak to a confidential employee who does not have this reporting responsibility can find a list of resources on the DCB Title IX webpage.

**AI Student Policy:**

Unless otherwise indicated in the course syllabus, or in individual instructions for course assignments, or in the absence of the express consent of the course instructor, students are not allowed to utilize generative AI to help produce any of their academic work. Any violation of this policy will be considered an act of academic dishonesty as outlined within the Dakota College Code of Student Life.

**RESPONSIBILITIES**

Students	<ul style="list-style-type: none"><li>• Responsible to follow the syllabus and assignment instructions regarding use of generative AI for all academic work.</li><li>• Obtain permission of the instructor prior to the use of generative AI that is outside of the syllabus or assignment instructions. Provide appropriate rationale for how the use of generative AI will enhance the learning experience for the assignment.</li></ul>
----------	--

	<ul style="list-style-type: none"> <li>• In instances where generative AI is permissible, appropriately cite the generative AI program used and indicate where in the assignment it was used, in a brief submission statement.</li> </ul>
Faculty	<ul style="list-style-type: none"> <li>• Determine if the use of generative AI could enhance student learning in any assignment or project.</li> <li>• Clearly indicate in all course syllabi if generative AI is allowable for any academic work.</li> <li>• If allowable, give specific parameters for how and when generative AI may be used.</li> <li>• If a violation of generative AI for the individual course/syllabus is suspected, discuss the concern with the student. If violation is still suspected, inform the appropriate semester coordinator/program director.</li> </ul>