

# Weekly Log



February 9, 2026

## Events, Feb 9-22

### Monday, Feb 9

- Basketball at United Tribes  
Women's at 5:30 pm  
Men's at 7:30 pm

### Tuesday, Feb 10

- Book Read
- Campus Conversations

### Wednesday, Feb 11

- KBTO Live Break, 8:30am, Jack Nation Days
- Men's Hockey at Jamestown, 5:00 pm

### Thursday, Feb 12

- Giving Hearts Day
- Minot Chamber Business After Hours

### Friday, Feb 13

- KKWZ & KZZJ Dakota College Weekly, 8:30am, Jack Nation Days
- Baseball at Nebraska
- SNO Bakesale

### Saturday, Feb 14

- Softball at U of Jamestown
- Baseball at Nebraska

### Sunday, Feb 15

#### Jack Nation Days

- Softball at Jamestown
- Baseball at Nebraska
- Basketball vs Miles CC  
Women at 1:00 pm  
Men at 3:00 pm

### Monday, Feb 16

- President's Day Campus Closed

### Tuesday, Feb 17

- Professional Development Day
- Campus Dean Interview
- Spelling Bee

### Wednesday, Feb 18

- Campus Dean Interview
- Basketball vs NDSCS  
Women at 5:30 pm  
Men at 7:30 pm
- Blood Drive, Minot

Event's Continued

## BOOK READ TO BE HELD FEBRUARY 10

This "compellingly hard-hitting" bestseller from a Pulitzer Prize finalist gives readers the complete untold story of the top-secret military base for the first time (New York Times).

It is the most famous military installation in the world. And it doesn't exist. Located a mere seventy-five miles outside of Las Vegas in Nevada's desert, the base has never been acknowledged by the U.S. government — but Area 51 has captivated imaginations for decades.

Myths and hypotheses about Area 51 have long abounded, thanks to the intense secrecy enveloping it. Some claim it is home to aliens, underground tunnel systems, and nuclear facilities. Others believe that the lunar landing itself was filmed there. The prevalence of these rumors stems from the fact that no credible insider has ever divulged the truth about his time inside the base. Until now.

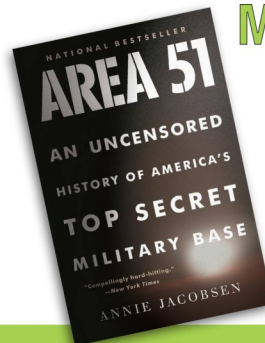
Annie Jacobsen had exclusive access to nineteen men who served the base proudly and secretly for decades and are now aged 75-92,

and unprecedented access to fifty-five additional military and intelligence personnel, scientists, pilots, and engineers linked to the secret base, thirty-two of whom lived and worked there for extended periods. In Area 51, Jacobsen shows us what has really gone on in the Nevada desert, from testing nuclear weapons to building super-secret, supersonic jets to pursuing the War on Terror.

This is the first book based on interviews with eye witnesses to

Area 51 history, which makes it the seminal work on the subject. Filled with formerly classified information that has never been accurately decoded for the public, Area 51 weaves the mysterious activities of the top-secret base into a gripping narrative, showing that facts are often more fantastic than fiction, especially when the distinction is almost impossible to make.

<https://www.amazon.com/Area-51-Uncensored-Americas-Military-ebook/>



## Monthly Book Read

February 10th, 2026  
The Heritage Room  
@ 7:00 PM



Contact Gary Albrightson  
for more information  
[gary.albrightson@dakotacollege.edu](mailto:gary.albrightson@dakotacollege.edu)

## Event's Cont'd

### Thursday, Feb 19

- Blood Drive, Minot
- Axel's Court at 12:30 pm

### Friday, Feb 20

### Saturday, Feb 21

- Baseball at Nebraska
- Softball at Nebraska
- Women's Hockey vs Jamestown 1:00 pm

### Sunday, Feb 22

- Baseball at Nebraska
- Softball at Nebraska
- Basketball at Glendive  
Women at 3:00 pm  
Men at 5:00 pm

Continuing Smokey's Legacy & celebrating our Lumberjack Spirit. Join us for Lil' Smokies at two locations each day.



February 17 Outside of the Dean's Office

February 18 Nelson Science Center Crew & Student Services

February 19 Physical Plant & Business Office

February 20 Library/Ace and Financial Aid

Forged in the North

## LOGGER APPLAUSE

**Lynn Bristol** - for being so positive in communications about students. It's a joy to work with you and I really appreciate all the positivity - even when I have a frustrating question, you help me work through it really well. Thanks!

**Christina Ennen** - Thank you for the third time taking on helping our Girl Scout troop sell cookies at the store. Both Jen Cote's and my daughter appreciate all the help from the community that we can get. (Cookies are stressful for me...)

**Danielle Clemenson and Jo Leader** - Whose unbridled enthusiasm for March Mammal Madness is ALREADY starting - and they are making my days brighter just by bringing it up. So cool!

- Michelle Cauley

Shout-out to **Tina and Jen** for putting together all of the DCB testimonials for Giving Hearts Day! They have done a TON and have been awesome to read.

- Halle Serhienko

## CAMPUS DEAN SEARCH UPDATE

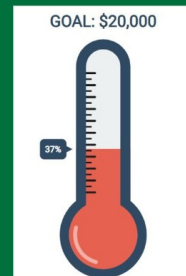
The Campus Dean Search Committee met last week to determine the finalists for the position.

After interviewing five candidates, two applicants were selected to participate in an on-campus interview. Their visit will include tours of both the Minot and Bottineau cam-

pus, community and meeting with the Search Committee and students, along with a one-on-one interview with Dr. Shirley.

All DCB employees will be invited to attend a presentation from each candidate sharing their vision for

DCB. A Microsoft Teams invite with a Teams link will be sent along with a rating sheet. We ask that the rating sheet be submitted to Sandy in the Dean's Office to provide feedback and hiring recommendations.



### Giving Hearts Day is THIS THURSDAY!

We are happy to report that we are now 37% of the way to our \$20,000 DCB Student Scholarship goal and are excited to see the thermometer go up to our goal by Thursday - Giving Hearts Day!

Thank you to last week's employee donors who accepted the DCB Giving Hearts Day Challenge:

- Lexi Kvasnicka-Gates and
- Halle Serhienko!



There is still time to join in the excitement. We extend a thank you in advance to the others waiting until the February 12th Giving Hearts Day! Donations can be made online or in the Foundation office.

Your support will change lives....THANK YOU! Tina Webb, Foundation Director

## BE YOUR OWN VALENTINE NO CHOCOLATE REQUIRED \*



The month of February often centers on love and relationships with others, but the relationship we have with ourselves is just as important. This article explores self-compassion as a research-backed skill that helps reduce shame, regulate emotions, and build resilience, especially during times of pressure

or self-criticism. Learn how small, intentional practices can help you respond to yourself with greater care and understanding.

Whether it is seasonal depression, civil unrest, constant negativity from the media or just

feeling off, know that The Village EAP is here for you, offering individual and family sessions, their confidential counseling is easy to access.

[www.thevillagefamily.org/EAP/Employees](http://www.thevillagefamily.org/EAP/Employees)



## WORKLOAD BALANCE

Thank you to everyone who completed the workload balance surveys over the past two years. This SPICE item focused on assessing workload balance practices at DCB, with surveys sent to all faculty and staff to establish a baseline and guide improvement efforts. The Key Findings Report (found on page 3) summarizes the results, including noted improvements in the second survey conducted one year later. Moving forward, DCB will continue to increase awareness and use of underutilized resources and remain committed to supporting and maintaining faculty and staff well-being.





## KEY FINDINGS FROM THE FY 24–25 AND 25–26 WORK-LIFE BALANCE SURVEYS

### Overview

This initiative, led by SPICE as part of the College's Implementation Plan (Priority 3 – Institutional Improvement), surveyed faculty and staff in FY 24–25 and FY 25–26 to assess workload balance and work-life practices.

#### Actions Taken After FY 24–25 Survey:

After the FY 24–25 survey, results were shared with Leadership Council, departments, and employees, and discussed in meetings to identify actionable adjustments. Staff position descriptions were updated, and flexible work hours and remote work options were implemented where appropriate. Faculty and adjuncts continued to review teaching loads and provide input on schedules and overload. Ongoing support strategies were introduced, and future surveys were planned annually to track progress and maintain baseline data.

### Key Findings – Faculty

- Faculty satisfaction with teaching schedules increased from FY 24–25 to FY 25–26, with dissatisfaction eliminated and more reporting being very satisfied.
- In FY 25–26, 85% of faculty report their workload is manageable; none reported it as unmanageable.
- In FY 25–26, All faculty report checking emails after hours; guidance will clarify expectations and encourage disconnection when possible.

### Key Findings – Staff

- From FY 24–25 to FY 25–26, satisfaction improved: with current work hours (75% → 83%), and work-life balance (47% → 71%), manageable workloads (53% → 71%), and staff working over 40 hours dropped (53% → 29%).
- In FY 25–26, after-hours, weekend, and “all the time” work declined, and more staff report 6–9 hours of sleep.

### Summary

#### Satisfaction & Workload



- Both faculty and staff report higher satisfaction with work schedules and overall work-life balance.
- Manageable workloads increased: 85% of faculty and 71% of staff indicate workloads are manageable.

#### Work Patterns & Well-Being



- Both faculty and staff report fewer instances of “all the time” work outside normal hours, reflecting improved work-life balance.
- Flexible hours, remote work, and breaks reduce after-hours work; some resources remain underused.

#### Awareness & Utilization of Resources



- Awareness of flexible hours, remote work, and wellness resources increased for both faculty and staff.
- Utilization varies: earned time off, flexible schedules, and supervisor check-ins are commonly used, while wellness programs, workload management tools, and boundary-setting remain underutilized.

### Next Steps & Opportunities

The College will enhance awareness and use of underutilized resources, strengthen workload management and healthy work habits, support flexible and remote work options, and continue monitoring satisfaction to sustain improvements in faculty and staff well-being.



Below is a list of events for DCB events. Please provide me with updates. | [sandy.hageness@dakotacollege.edu](mailto:sandy.hageness@dakotacollege.edu)

FEBRUARY	
Feb 24	Bottineau Community Rockhounds
Feb 25	Future Fest
MARCH	
March 1	Dental Hygiene Applications Due
March 1	Nursing Apps Due
March 9	Logrollers Meeting
March 10	Alumni Meeting
March 10	Book Read
March 15	Dental Assisting Applications Due
March 24	Bottineau Community Rockhounds 6pm-7pm
March 28-29	Hoopsters
TBD	PTK Recognition, BSC
APRIL	
April 1	Paramedic Apps Due
April 9	NE Regional Science Olympiad
April 9	Foundation Meeting
April 13	Logrollers
April 14	Book Read
April 17	Vitalant Blood Bus, Bottineau Campus
April 17	Earth Day Community Celebration
April 22-23	Water Festival
April 30	Employee Appreciation Lunch
April 31	Bottineau Community Rockhounds
MAY	
May 4	Chamber Scholastic Awards
May 11	Logrollers Meeting
May 12	Book Read
May 12	Alumni Meeting
May 15	Caps & Apps – LEAP Grads
May 15	Graduation
May 26	Bottineau Community Rockhounds



girl scouts

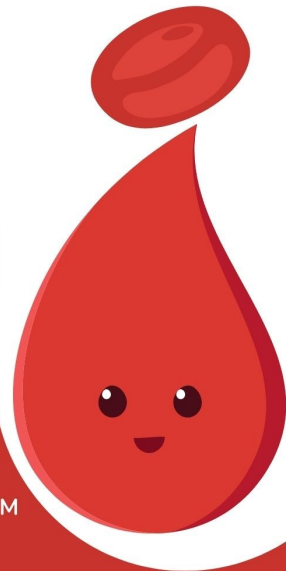
Girl Scout cookies officially went on sale Monday, Feb 9, 2026. There are several troops selling in Bottineau.

- Troop #10325 is selling cookies at the DCB Bookstore to earn money for a summer camping adventure, and you can also get your cookies from Danielle Clemenson, Michelle Cauley, and Heidi Hauf.
- Cookies are \$6 a box and there are multi-tudes of tasty flavors.
- Michelle will even personally deliver them to you... so they can get taken out of her office faster!



## Donate Your Blood

Donate Blood, Be the Reason Someone Lives.



February 18, 2026 1PM- 4PM  
February 19, 2026 12:25-4:45PM  
101 3<sup>rd</sup> Ave SW- Parking Lot  
Minot, ND

[Register Now](#)



PLEASE JOIN DCB'S  
STUDENT NURSE  
ORGANIZATION FOR A

Valentine's Day  
**BAKE  
SALE**

FEBRUARY **13** 11AM - 1PM

IN THE KNUDSON  
STUDENT CENTER



# DAKOTA COLLEGE AT BOTTINEAU

Continuing Smokey's  
Legacy and celebrating  
our Lumberjack Spirit!

**SMOKEY'S**  
**JACK**  
**NATION**  
**DAYS**  
FEB. 15–21, 2026

SUNDAY FEB. 15

## LUMBERJACK BASKETBALL

1:00 pm Women • 3:00 pm Men

vs. Miles Community College  
at the Woodshed

Wear DCB GREEN/DCB GEAR!



WEDNESDAY FEB. 18

## LUMBERJACK BASKETBALL

5:30 pm Women • 7:30 pm Men

vs. NDSCS at the Woodshed

Minute to Win it Games – games TBA

Wear your favorite FLANNEL!



THURSDAY FEB. 19

## AXEL'S COURT CORONATION

12:30 pm in the Woodshed

All are welcome!

## OTHER COMMUNITY EVENTS

**Axel's Coloring Contest**  
for Bottineau Elementary Kids

**Smokey's Community  
Window Painting Contest**

All local businesses are welcome to participate!

Decorate windows by Feb. 17 with DCB spirit.

DCB students will vote for 1st, 2nd and 3rd place.

Winners receive Bottineau bucks!

Specials around town all week at select businesses!



SATURDAY FEB. 21

## LUMBERJACK WOMEN'S HOCKEY

1:00 pm vs. University of Jamestown  
at the Lumberdome

Wear your favorite  
JERSEY!



**FORGED IN THE NORTH**

[www.dakotacollege.edu/jacknationdays](http://www.dakotacollege.edu/jacknationdays)



# DAKOTA COLLEGE AT BOTTINEAU

Continuing Smokey's  
Legacy, join us in events  
and activities celebrating  
our local community and  
Lumberjack spirit!



**SUNDAY  
FEB. 15**

Lumberjack Basketball  
vs. Miles Community College  
1:00 pm Women 3:00 pm Men

**Wear  
DCB GREEN/  
DCB GEAR!**

**MONDAY  
FEB. 16**

*President's Day – No Classes*

10:00 am – 5:00 pm Free tubing for DCB students at Bottineau Winter Park, with student ID.  
5:00 – 6:30 pm Dining Center: Lumberjack Dinner  
Stew, baked beans, hot rolls, fried potatoes, pulled pork, cookies

**TUESDAY  
FEB. 17**

*Professional Development Day – No Classes*

5:00 – 7:00 pm Dining Center: Everything But the Kitchen Sink – Variety of hotdishes

**WEDNESDAY  
FEB. 18**

Lumberjack Basketball vs. NDSCS  
5:30 pm Women 7:30 pm Men  
Minute to Win it Games – games TBA

**Wear your  
favorite  
FLANNEL!**

5:00 – 7:00 pm Dining Center: Social Hour  
Variety of hors d'oeuvre

**THURSDAY  
FEB. 19**

12:30 pm Axel's Court – Coronation, Woodshed Gymnasium  
5:00 – 7:00 pm Dining Center: Formal Coronation Dinner  
10:00 pm – 1:00 am Thrift Store Social – Student Center

**FRIDAY  
FEB. 20**

5:00 – 7:00 pm Dining Center: Pot Roast Dinner

**SATURDAY  
FEB. 21**

1:00 pm Lumberjacks Women's Hockey  
vs. University of Jamestown

**Wear your  
favorite JERSEY!**



Bookstore Specials & Games • Lil Smokies All Week On Campus  
Window Decorating • Axel's Coloring Contest

**FORGED IN THE NORTH**

[www.dakotacollege.edu/jacknationdays](http://www.dakotacollege.edu/jacknationdays)