

**NURS100 Nurse Assistant Training
Dakota College at Bottineau-Online**

Credits: 3

Prerequisites: Health Care CPR certification.

Instructor: DeeAnne Olson, RN

Course Description:

The Nurse Assistant Training program provides instruction and supervised clinical practice to those preparing for employment as a nurse assistant in a skilled nursing facility, acute care, or home health care.

Required Textbooks:

Hartman's Nursing Assistant Care: Long-Term Care and Home Health, S. Alvare, J. Fuzy, & S. Rymer. (2009) ISBN: 978-1-60425-013-8

Equipment: This course includes video skills demonstrations for which technological equipment is required. You will need the following:

- Web cam and/or camera with video recording capabilities
- Headset with microphone

Course Curriculum and Content:

Curriculum Content and Length.

1. Training in the following areas prior to any direct contact with a resident (at least 16 required):

- a. Communication and interpersonal skills;
- b. Infection control;
- c. Safety/emergency procedures, including the Heimlich maneuver;
- d. Promoting residents' independence; and
- e. Respecting residents' rights.

2. At least 16 hours of supervised practical training:

3. Curriculum content includes:

- a. Basic nursing skills

- Taking and recording vital signs
- Measuring and recording height and weight
- Caring for the residents' environments
- Recognizing abnormal changes in body functioning and the importance of reporting such changes to the supervisor
- Caring for residents when death is imminent

b. Personal care skills, including, but not limited to:

- Bathing
- Grooming, including mouth care
- Dressing
- Toileting
- Assisting with eating and hydration
- Proper feeding techniques
- Skin care
- Transfers, positioning, and turning

c. Mental health and social service needs:

- Modifying aide's behavior in response to residents' behavior
- Awareness of developmental tasks associated with the aging process
- How to respond to resident behavior
- Allowing the resident to make personal choices, providing and reinforcing other behavior consistent with the resident's dignity · Using the resident's family as a source of emotional support

d. Care of cognitively impaired residents:

- Techniques for addressing the unique needs and behaviors of individuals with dementia(Alzheimer's and other)
- Communicating with cognitively impaired residents
- Understanding the behavior of cognitively impaired residents
- Appropriate responses to the behavior of cognitively impaired residents · Methods of reducing the effects of cognitive impairments

e. Basic restorative services:

- Training the resident in self care according to the resident's abilities
- Use of assistive devise in transferring, ambulation, eating, and dressing
- Maintenance of range of motion
- Proper turning and positioning in bed and chair
- Bowel and bladder training · Care and use of prosthetic and orthotic devices

f. Residents' Rights

- Providing privacy and maintenance of confidentiality
- Promoting the residents' rights to make personal choices to accommodate their needs
- Giving assistance in resolving grievances and disputes
- Providing needed assistance in getting to and participating in resident and family groups and other activities
- Maintaining care and security of residents' personal possessions
- Providing care which maintains the resident free from abuse, mistreatment, and neglect, and the need to report any such instance to appropriate facility staff
- Avoiding the need for restraints in accordance with current professional standards

Course Requirements:

Time Requirements.

- This course requires no less than 75 clock hours of training.
 - 16 hours (960 minutes) of training prior to direct contact with a resident (Chapters 1-7 & logged through Moodle learning management system)
 - 16 hours of supervised practical training

Textbook Readings. Each week consists of a reading assignment from textbooks.

Lecture/Notes. Chapters 1-7 have a recorded lecture/note section. Sixteen hours of class time must be logged in the Moodle environment prior to beginning Unit Two.

Chapter Reviews. Each chapter has a review which can be taken as many times as needed. A score of 70% is required in each chapter (Grades will be averaged, the more times the review is taken, the higher the grade climbs.)

Skills Demonstration. Each skill has been demonstrated for you. View the skill as many times as needed and practice at home. Record the skill and submit to the instructor. Some skills will be demonstrated in the facility. A skills demonstration checklist has been provided to ensure students understand the step-by-step procedures to perform skills.

Exams. A final exam is given during the last week of class. It is comprehensive.

Clinical Experiences. Each skill must earn a "proficient" rating to pass the course. Facility placement requests must be completed by the 4th week of class. Facility must be state approved.

Grades. A grade of C (70%) or greater is necessary to pass the course. Passing this course does not guarantee you will pass the nurse assistant exam.

A = 90-100%

B = 80 – 89%

C = 70 – 79%

D = 60 – 69%

F = 0 – 59%

Evaluation:

- Chapter Reviews
- Video Skills Assessment
- Return demonstrations of skills via video skills assessment
- Clinical performance of skills

Academic Honesty: Cheating will not be tolerated in this class. Students need to possess a high ethical standard and should conduct themselves accordingly. Academic honesty is expected of all students. Plagiarism violations will result in receiving a zero on the assignment or exam, even if cheating is only suspected by the instructor.

Plagiarism is:

1. Using unauthorized assistance on the exams, paperwork or projects.
2. Presenting the work of someone else as your own without acknowledging the source.
3. Submitting the same academic work for credit more than once.

Certified Nursing Testing:

Upon completion of this course, it is the responsibility of each student to schedule the CNA Test. Information and applications can be found at this site:

http://www.ndbon.org/cna_testing.asp

NOTE: This course has been approved by the ND Department of Health, Division of Health Facilities and, as such, eligible students subsequently employed as a CNA in North Dakota are entitled to reimbursement of training costs. Students who are later employed as a CNA outside North Dakota are not eligible for reimbursement of course costs. Dakota College at Bottineau

recommends that students desiring reimbursement for CNA training participate in a CNA training program approved by the state in which they will be employed.