



Course Prefix/Number/Title: UNIV 120: College Success

Number of Credits: 1

Course Description: This course is intended to prepare students for the academic and social rigors of college life. In this course, students will learn to develop effective academic skills by focusing on goal-setting, time management, note-taking, communication, critical thinking, and problem-solving skills. Guest speakers will introduce students to campus services such as library and research, transportation, health and wellness, disability services, and other services critical to achieving college success.

Pre-/Co-requisites: NONE

Course Objectives:

1. Learn to develop and set academic, career, and personal goals.
2. Develop effective study habits through note-taking, time management, critical thinking, and problem-solving activities.
3. Develop communication skills by utilizing a variety of forms of communication.
4. Identify their own learning styles and explore barriers that might prohibit academic success.
5. Explore and utilize campus services to promote academic and personal success.
6. Explore healthy living options such as personal and social relationships, dorm life, wellness, nutrition, and safety

Instructor: Maggie Backen

Office: MSU Administration Building #363A

Office Hours: By Appointment

Phone: 701-858-4339

Email: Maggie.backen@dakotacollege.edu

Lecture/Lab Schedule: Tuesdays, 2:00pm – 2:50pm ADMIN 359

Textbook(s): Skip Downing and Jonathan Brennan (2020). On Course: Strategies for Creating Success in College, Career and Life. 9th Edition. ISBN: 9780357022689

Course Requirements:

Students are expected to be actively engaged in the learning process, in the online Blackboard class, and in the community. Class participation is required and essential. Students will be graded in class participation and point accumulation.

Tentative Course Outline:

Topic 1: Getting on Course to Your Success	Chapter 1	January 9, 2024- January 16, 2024
Topic 2: Accepting Personal Responsibility	Chapter 2	January 23, 2024- February 6, 2024
Topic 3: Discovering Self- Motivation	Chapter 3	February 13, 2024-February 20, 2024
Topic 4: Mastering Self- Management	Chapter 4	February 27, 2024- March 4, 2024
Topic 5: Employing Independence	Chapter 5	March 14, 2024- March 19, 2024
Topic 6: Gaining Self Awareness	Chapter 6	March 26, 2024- April 4, 2024
Topic 7: Adopting Life Long Learning	Chapter 7	April 9, 2024- April 16, 2024
Topic 8 : Developing Emotional Intelligence	Chapter 8	April 23, 2024- April 30, 2024
Topic 9: Staying on Course to Your Success	Chapter 9	May 2, 2024- May 7, 2024

General Education Competency/Learning Outcome(s) OR CTE Competency/Department Learning Outcome(s):

Relationship to Campus Focus:

Students will better understand the nature of their community and its needs. Through the use of technology students will manage their learning portfolio. Students will also understand how to utilize new ideologies and tools to their benefit, as well as the benefit of the world and society as a whole as emerging leaders.

Classroom Policies:

Student Email Policy:

Dakota College at Bottineau is increasingly dependent upon email as an official form of communication. A student's campus-assigned email address will be the only one recognized by the Campus for official mailings. The liability for missing or not acting upon important information conveyed via campus email rests with the student.

Academic Integrity:

According to the DCB Student Handbook, students are responsible for submitting their own work. Students who cooperate on oral or written examinations or work without authorization share the responsibility for violation of academic principles, and the students are subject to disciplinary action even when one of the students is not enrolled in the course where the violation occurred. The Code detailed in the Academic Honesty/Dishonesty section of the Student Handbook will serve as the guideline for cases where cheating, plagiarism or other academic improprieties have occurred.

Disabilities or Special Needs:

Students with disabilities or special needs (academic or otherwise) are encouraged to contact the instructor and Disability Support Services.

Title IX:

Dakota College at Bottineau (DCB) faculty are committed to helping create a safe learning environment for all students and for the College as a whole. Please be aware that all DCB employees (other than those designated as confidential resources such as advocates, counselors, clergy and healthcare providers) are required to report information about such discrimination and harassment to the College Title IX Coordinator. This means that if a student tells a faculty member about a situation of sexual harassment or sexual violence, or other related misconduct, the faculty member must share that information with the College's Title IX Coordinator. Students wishing to speak to a confidential employee who does not have this reporting responsibility can find a list of resources on the DCB Title IX webpage.