

## **Dakota College at Bottineau Course Syllabus**

### **Course Prefix/Number/Title:**

PSYC 111—Introduction to Psychology

### **Number of credits:**

3 credits

### **Course Description:**

This course involves the scientific study of behavior and mental processes. It is a basic prerequisite to most other psychology classes.

This class is designed as an introduction to the complex and vast field of psychology. Psychology is a social science which aims to understand the behavioral and mental processes within human beings. In this course, students will learn the history of psychology, psychological theory, scientific method, as well as an overview of the major fields in psychology (e.g., cognitive psychology, clinical psychology, social psychology).

### **Pre-/Co-requisites:**

None

### **Course Objectives:**

Students will:

1. Define key concepts in the field of psychology.
2. Demonstrate an understanding of psychology, including the field's history, methods, and future directions.
3. Explain basic human behaviors from a psychologist's perspective.
4. Apply concepts learned in class to different scenarios (both in class, and within their own lives).

### **Instructor:**

Lexi R. Kvasnicka-Gates, Ph.D.

### **Office:**

Thatcher Hall 2208

### **Office Hours:**

Mondays and Wednesdays 10:00am-12:00pm

Thursdays 11:00-1:00

**Phone:** 228-5475

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### Lecture/Lab Schedule:

TuTh 9:30-10:45

TH 1108

### Textbook(s):

Myers, D. (2010). *Psychology*, 9<sup>th</sup> Ed. New York: Worth Publishers.

### Course Requirements:

- Exams (4 exams (non-cumulative), each worth 50 points) 200 points
  - Quizzes (10 quizzes, each worth 5 points) 50 points
  - Term Paper 50 points
- Total: 300 points**

A	270 and above
B	240-269
C	210-239
D	180-209
F	179 and below

### Major Assignments:

- **Exams:** There will be 4, non-cumulative, exams throughout the semester worth 50 points each. Exams will cover information presented in class and from the textbook. Each exam will consist of 40 multiple choice questions worth 1 point each, and two short answer questions worth 5 points each. All exams are closed book and notes.
- **Quizzes:** Ten (10) quizzes will be given randomly throughout the semester. Each quiz will be worth 5 points, and will vary in nature (e.g., short answer, multiple choice, matching). Quizzes cannot be made up under any circumstances. These quizzes will cover material presented in the week's readings and lectures.
- **Term Paper:** Each student will complete a term paper covering a psychological theory or concept covered in class. Students should provide the history of the theory or concept, as well as cite current research that utilizes the theory or concept. The term paper will be written in APA style and should be between 3-5 pages (double-spaced). An informational lecture and discussion over APA style, as well as paper requirements, will be given after the first exam.

### Tentative Course Outline:

Week	Date	Day	Topic	Chapter
Week 1	1/14	Tuesday	Class Introduction	1
	1/16	Thursday	Thinking Critically with Psych. Science	
Week 2	1/21	Tuesday	Biology of the Mind	2
	1/23	Thursday	Biology of the Mind	2
Week 3	1/28	Tuesday	Consciousness and the Mind	3

	1/30	Thursday	Consciousness and the Mind	3
Week 4	2/4	Tuesday	Nature, Nurture, Human Diversity	4
	2/6	Thursday	Nature, Nurture, Human Diversity/Review	4, 1-4
Week 5	2/11	Tuesday	<b>Exam #1</b>	1-4
	2/13	Thursday	APA Style, Plagiarism, and Paper Discussion	
Week 6	2/18	Tuesday	Developing Through the Life Span	5
	2/20	Thursday	Developing Through Life Span/Sensation	5-6
Week 7	2/25	Tuesday	Sensation and Perception	6
	2/27	Thursday	Learning	7
Week 8	3/4	Tuesday	Learning/Memory	7-8
	3/6	Thursday	Memory/Review (+10 points for paper)	8, 5-8
Week 9	3/11	Tuesday	<b>Exam #2</b>	5-8
	3/13	Thursday	Thinking and Language (additional Tegrity) <b>(Paper due by 9:30am)</b>	9
Week 10	3/18	Tuesday	<i>Spring Break (No Class)</i>	
	3/20	Thursday	<i>Spring Break (No Class)</i>	
Week 11	3/25	Tuesday	Intelligence (additional Tegrity)	10
	3/27	Thursday	Motivation and Work	11
Week 12	4/1	Tuesday	Stress and Health	12
	4/3	Thursday	Stress and Health/Review	12, 9-12
Week 13	4/8	Tuesday	<b>Exam #3</b>	9-12
	4/10	Thursday	Psychological Disorders	14
Week 14	4/15	Tuesday	Psychological Disorders	14
	4/17	Thursday	Social Psychology (additional Tegrity)	16
Week 15	4/22	Tuesday	Review	14 & 16
	4/25	Thursday	<b>Exam #4</b>	14 & 16

**\*\*\*The final will NOT be given early. You must take the final during the final exam time, no exceptions.**

#### **General Education Goals/Objectives:**

- Goal 1: Explains the interrelationships between humans and their environment and the role of science in their lives.
- Goal 4: Demonstrate Effective Communication
- Goal 6: Demonstrates the knowledge of the human experience throughout history

#### **Relationship to Campus Theme:**

Campus theme: Nature, Technology, and Beyond

- Students will be familiar with the technological tools used to investigate the mind and our behavior.
- Students will be familiar with how nature influences our own (psychological) development.
- Students will use critical thinking to understand the importance of psychology now, and in the future.

#### **Classroom Policies:**

- **Participation.** Students are expected to come to class prepared and actively engage in class discussion and activities. The classroom environment is open and harassment free, so please engaged in discussion. Computers are welcome in the classroom for note-taking purposes only. If students abuse this privilege, the instructor reserves the right to ban computers from the lecture periods.
- **Deadlines.** All assignments are due at the beginning of class on the day that they are due. Students will be deducted 5 points for every 24-hour period the assignment is not turned in, including weekends. If a student is aware that they will miss an exam, they must inform the instructor *at least* two weeks prior to the missed exam. An essay exam (worth 50 points) will substitute for the missed exam. This exam must be taken *before* the scheduled exam date. **If a student is sick or experiences unforeseen circumstances where an exam must be missed, the instructor must be informed immediately and proper documentation must be presented** (e.g., doctor's note, police accident report). An essay exam will take the place of the missed exam and must be taken within one week of the missed exam. If the student does not notify the instructor before the next class period, the student will receive a "0" for the missed exam. Students involved in college activities (e.g., athletics) that require them to miss an exam will take a make-up which is the same format as typical exams (multiple choice and short answer). Proper documentation from a coach or faculty supervisor is required to avoid the essay exam.
- **Grades.** Questions about test grades can be emailed to the instructor up to 10 days (including weekends) after the grade is posted; after this time grades are considered final. Questions regarding grades can be emailed to the instructor no sooner than 24-hours after the grade has been posted. Challenging the grade will result in a re-grade. Re-grades may result in a grade higher or lower than the original grade.
- **Canceled Class.** If a weather-related event prevents the professor from getting to class, students will be responsible for completing an "assignment" over the scheduled reading. Information about the assignment will be provided on the class Moodle shell, and the deadline for completion of the assignment will be by 9:00pm the day of the missed class. The "assignment" will take the place of an in-class quiz, and will be worth 5 points. Students will be notified of the professor's absence by a note on the classroom door, as well as with an email. Just as with the in-class quizzes, if a student does not complete the assignment by 9:00pm, it cannot be made up.

### **Academic Integrity:**

Plagiarism (taking the ideas, thoughts, or language of someone else and passing them off as your own) will not be tolerated in this class. If a student is suspected of plagiarizing, cheating, or not doing their own work, the matter will be investigated. Any student who is found to engage in academic dishonesty (including letting others cheat off of you) will receive an automatic "F" in the course. Additionally, the incident will be reported to the appropriate University office and additional action may be taken.

### **Disabilities and Special Needs:**

Please inform the instructor within the first week of classes if any assistance is required due to disabilities or special needs.