

Course Prefix/Number/Title: UNIV 110: College Study Skills

Number of Credits: 1

Course Description: This course emphasizes learning skills that are essential for success in college work. This includes study techniques, goal setting, memory and concentration, information literacy, time management, learning styles, note taking, critical thinking, reading, civility and other techniques for improving student performance.

Pre-/Co-requisites: N/A

Course Objectives: At the end of this course it is expected that students will:

- Identify time management and organizational skills needed for Academic success
- Develop critical thinking skills and practice analysis
- Learn and apply test taking strategies
- Identify and construct personal, academic and professional goals
- Develop note taking and research skills

When/Where We Will Meet:

- Thursday's 10:00-10:50 am
- Nelson Science Rm 125

Instructor: Valerie Rivera

- Office: Student Success Center
- Office Hours: Email for appointment
- Phone: 701-228-5477
- Email: valerie.rivera@dakotacollege.edu

Textbook(s): Gardner, John N., Betsy O. Barefoot. *Your College Experience: Strategies for Success.* 10th Edition. Bedford/St. Martin's: Boston, MA (2012). ISBN: 978-0-312-602-54-3 (Textbooks available for purchase through the DCB bookstore)

Course Requirements:

- Weekly Attendance and Participation
 Weekly Discussion Board Participation
 Completing all written assignments.

Tentative Course Outline:

*Syllabus is subject to change

Week 1	Aug. 26 th - Sep. 2 nd			
	Intro/Syllabus	Policies		
	Setting the Stage	Time Management	Chapter 3	20 points
Week 2	Sept. 3 rd - Sept. 9 th		<u> </u>	
	Goal Setting	Class Time/ MGMT	Chapter 6	30 points
Week 3	Sept. 10 th - Sept. 16 th			
	Organizing Time	Procrastination	Chapter 2	20 points
	Organizing Time	Schedule	Chapter 2	20 points
	(cont.)			
Week 4	Sept. 17 th - Sept. 23 rd			
	Learning Styles	Reading/VARK	Pgs 62-64	30 points
	Efficient Classroom MGMT	Pgs 183-189	Chapter 6	30 points
Week 5	Sept. 24 th – Sept. 30 th			
	Critical Thinking	Using Textbooks	Chapter 5	30 points
Week 6	Oct. 1 st - Oct. 7 th			
	Reading	Effective Study Skills	Chapter 7	30 points
Week 7	Oct.8 th – Oct. 14 th			
	Maintaining Wellness	Chapter 16		20 points
Week 8	$Oct.15^{th} - Oct. 21^{st}$			
	Memory	Study Skills Guide	Chapter 8	30 points
	Memory (Cont.)	Film		30 points
Week 9	Oct. 22 ^{nd -} Oct. 28 th			
	Test Taking	Chapter 9		30 points
Week 10	Oct. 29^{th} – Nov. 4^{th}			
	Communication Review	Chapter 11		30 points
Week 11	Nov. 5 th - 11 th			
	Education/Career		Chapter 12	30 points
Week 12	Nov. 12^{th} – Nov. 18^{th}			
	Dev. Professional		Chapter 14	30 points
	Relationships			r
Week 13	Nov. 19 th - Nov. 25 th			
	Diversity on	Chapter 15		30 points
	Campuses	-		
Week 14	Nov. 26 th - Dec. 2 nd			
	NO CLASS	Thanksgiving Break	Be safe &	
			recharge!	
Week 15	Dec. 3 rd - 9 th			
		FINALS REVIEW		10 points
Week 16	Dec. 14 th -18 th	Final	50 points	Total Course
				Points: 500

General Education Competency/Learning Outcome(s) OR CTE Competency/Department Learning Outcome(s): This course aligns with the specific general education guidelines established by Dakota College at Bottineau. Specifically students will address the following competencies: Goal 2: Demonstrates Technological literacy, specifically LO's 1, and 2. Goal 4: Communicates effectively, specifically LO's 1-5.

Relationship to Campus Theme: Dakota College at Bottineau emphasizes nature, technology and beyond as a focal point for all courses offered. This course emphasizes the role of technology and communications as an integral part of the college experience.

Classroom Policies: Our classroom is a safe place and comfortable learning environment. Class will begin within 1-3 minutes of the assigned time. Entering the room 10-15 minutes late is a disruption and students should not purposefully nor repeatedly do so. Student comments, and actions should be relevant to daily subject matter. Please note that students are expected to be respectful of their colleagues by refraining from use of cellular devices, and limiting computer use to note taking only. Talking amongst peers is encouraged specifically in group activities as well as before and after class. Once class is in session students should be well read, and versed in the subject matter DISRESPECTFUL AND/OR THREATENING BEHAVIOR WILL NOT BE TOLERATED. Such behavior will be reported to administrative officials, and if need be, the necessary authorities. For questions regarding these, and other university behavior policies, please refer to the following website: http://www.dakotacollege.edu/handbook/

Student Email Policy:

Dakota College at Bottineau is increasingly dependent upon email as an official form of communication. A student's campus-assigned email address will be the only one recognized by the Campus for official mailings. The liability for missing or not acting upon important information conveyed via campus email rests with the student.

Academic Integrity:

According to the DCB Student Handbook, students are responsible for submitting their own work. Students who cooperate on oral or written examinations or work without authorization share the responsibility for violation of academic principles, and the students are subject to disciplinary action even when one of the students is not enrolled in the course where the violation occurred. The Code detailed in the Academic Honesty/Dishonesty section of the Student Handbook will serve as the guideline for cases where cheating, plagiarism or other academic improprieties have occurred.

Disabilities or Special Needs: Students with disabilities or special needs (academic or otherwise) are encouraged to contact the instructor and Disability Support Services within the first two weeks of the semester to line up accommodations.

Title IX: Dakota College at Bottineau (DCB) faculty are committed to helping create a safe learning environment for all students and for the College as a whole. Please be aware that all DCB employees (other than those designated as confidential resources such as advocates, counselors, clergy and healthcare providers) are required to report information about such discrimination and harassment to the College Title IX Coordinator. This means that if a student tells a faculty member about a situation of sexual harassment or sexual violence, or other related misconduct, the faculty member must share that information with the College's Title IX Coordinator. Students wishing to speak to a confidential employee who does not have this reporting responsibility can find a list of resources on the DCB Title IX Webpage.