

DAKOTA NURSING PROGRAM

Bismarck State College • Dakota College at Bottineau • Lake Region State College • Williston State College

NURS 229 Syllabus - Spring 2016

COURSE: NURS 229: Health Promotion and Psychosocial Nursing

CREDIT HOURS: 2 semester hours (32 classroom hours)

COURSE DESCRIPTION:

Examine safe and effective client care in the areas of health promotion for individuals and groups in communities and in care of the client experiencing psychosocial issues. Expand skills in promoting a client's self-determination, advocating for clients, and working within the interdisciplinary health care team while making evidence based decisions to improve the safety and quality of client care.

MEETING TIME:

Monday and Wednesday

Section I 11:00-11:50 BSC, LRSC, WSC, DCB-Minot,
LRSC-Mayville A (Monday) A & B (Wed)

Section II 3:00-3:50 DCB, DCB-Valley City, LRSC-Mayville B
(Monday), WSC-FBCC

INSTRUCTORS:

Health Promotion

Julie Traynor, MS, RN

Director, Dakota Nursing Program

1801 College Drive North

Devils Lake, ND 58301

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Office Hours: email or call for an appointment

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Psychosocial

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WSC Nursing Coordinator/Associate Professor of Nursing

Williston State College, HSSC 165

1410 University Avenue

Williston, ND 58801

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PREREQUISITES:

NURS 224, Professional Role Development

NURS 225, Alterations in Health I

NURS 226, Maternal Child Nursing

NURS 227, Clinical Applications I

COREQUISITES:

NURS 237, Clinical Applications II

NURS 228, Alterations in Health II

NURS 259, Role Transitions

REQUIRED TEXTBOOKS:

1. Assessment Technologies Institute (ATI) Review Package, Skills Modules, and Live NCLEX Review for RN students.
2. Assessment Technologies Institute (ATI) RN Community Health Nursing (latest edition) at www.atitesting.com
3. LaCharity, L., Kumagai, C., Bartz, B., (2014). *Prioritization, Delegation, & Assignment, Practice Exercises for*

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Medical-Surgical Nursing. 3rd ed. Elsevier/Mosby St. Louis

4. Stanhope, M (2014). *Foundations of Nursing in the Community*. 4th ed. St. Louis, Missouri: Mosby/Elsevier.
5. Varcarolis, E, M., Halter, M. J. (2014) Varcarolis' *Foundations of Psychiatric Mental Health Nursing*, (7th ed.) St. Louis, Elsevier
6. Silvestri (2014). *Saunders Comprehensive Review for the NCLEX-RN*. (6th ed.) St. Louis: Saunders/Mosby.

***Students must have reliable high speed internet which is required to access online books and resources.**

STUDENT LEARNING OUTCOMES (With Related Learning Activities and Evaluation):

NURS 229: Health Promotion and Psychosocial Nursing			
Program Student Learner Outcomes (SLOs)	NURS 229 Course Student Learner Outcomes (SLOs)	Learning Activities	Course SLO Evaluation
TEAMWORK AND COMMUNICATION: Collaborate with clients and members of the interdisciplinary health care team to optimize effective communication, caring behaviors, and management of client needs.	1. Analyze the relationships within the interdisciplinary healthcare team developed to optimize effective communication, caring behaviors, and management of client healthcare needs for health promotion and psychosocial needs.	<ul style="list-style-type: none"> Assigned reading Lecture Class discussions Exams and quizzes MN Public Health Game Community windshield assignment ATI Real Life on Schizophrenia, anxiety and alcohol use disorder Case Study on Somatic Disorders 	<ul style="list-style-type: none"> Quizzes and exams - (test item analysis and blue printing of quiz and proctored exam results and questions) Discussion threads evaluated by rubric Community windshield assignment ATI Real Life Results
PROFESSIONALISM AND LEADERSHIP: Adhere to professional standards and scope of practice as an associate degree registered nurse while pursuing professional growth and acting as a leader and change agent within legal, ethical and regulatory frameworks.	2. Integrate professional standards, regulations, and the scope of practice for a registered nurse with the care of clients' health promotion and psychosocial needs including the ethical and legal dimensions.	<ul style="list-style-type: none"> Assigned reading Lecture Class discussions Exams and quizzes Case Study on Abuse & discussion thread 	<ul style="list-style-type: none"> Quizzes and exams - (test item analysis and blue printing of quiz and proctored exam results and questions) Discussion threads evaluated by rubric
CLIENT-CENTERED CARE: Provide culturally competent care and advocate for clients while promoting their self-determination and integrity.	3. Formulate culturally competent care for clients' health promotion and psychosocial needs while advocating for clients, and promoting their self-determination and integrity.	<ul style="list-style-type: none"> Assigned reading Lecture Home Health Case Study Discussion incorporating rural and migrant health care, homeless populations, violence and human abuse. Community windshield assignment Mental Health case study discussion on Navajo man with schizophrenia and incorporation of "medicine man – healer" Exams and quizzes ATI Real Life on 	<ul style="list-style-type: none"> Quizzes and exams - (test item analysis and blue printing of quiz and proctored exam results and questions) Discussion threads evaluated by rubric Community windshield assignment ATI Real Life Results

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		Schizophrenia, anxiety and alcohol use disorder	
EVIDENCE-BASED PRACTICE AND NURSING JUDGEMENT: Implement nursing judgment to make safe, effective, and evidenced-based decisions that integrate science and the nursing process in providing holistic client care.	4. Prioritize nursing judgments to make safe, effective, and evidenced-based decisions that integrate science and the nursing process to provide holistic client care including their health promotion and psychosocial needs.	<ul style="list-style-type: none"> Assigned reading Lecture Class discussions Exams and quizzes MN Public Health Game ATI – Pharmacology Made Easy – Psychiatric Medications ATI Real Life on Schizophrenia, anxiety and alcohol use disorder 	<ul style="list-style-type: none"> Quizzes and exams - (test item analysis and blue printing of quiz and proctored exam results and questions) Discussion threads evaluated by rubric ATI – Pharmacology Made Easy – Psychiatric Medications Results ATI Real Life Results
QUALITY IMPROVEMENT AND SAFETY: Incorporate a spirit of inquiry to make evidence based clinical judgments and management decisions to improve the safety and quality of care across a variety of systems.	5. Monitor health care system, individual performance, and effectiveness to improve the safety and quality of care in the care of clients and their health promotion and psychosocial needs.	<ul style="list-style-type: none"> Assigned reading Lecture Class discussions Exams and quizzes MN Public Health Game ATI Real Life on Schizophrenia, anxiety and alcohol use disorder 	<ul style="list-style-type: none"> Quizzes and exams - (test item analysis and blue printing of quiz and proctored exam results and questions) Discussion threads evaluated by rubric ATI Real Life Results
INFORMATICS: Integrate current technology to support decision-making and manage information in the delivery of client care.	6. Integrate current technology to support decision-making and manage information in the delivery of client care in the care of clients and their health promotion and psychosocial needs.	<ul style="list-style-type: none"> Assigned reading Lecture Class discussions Exams and quizzes MN Public Health Game 	<ul style="list-style-type: none"> Quizzes and exams - (test item analysis and blue printing of quiz and proctored exam results and questions) Discussion threads evaluated by rubric

GRADE BREAKDOWN:

Exams:	90%
<u>Quizzes and Written Assignments:</u>	<u>10%</u>
	100%

GRADING POLICY:

The following grading scale is used:

92.0 - 100.00	= A
84.0 - 91.99	= B
76.0 - 83.99	= C
68.0 - 75.99	= D
Below 68	= F

There will be no rounding up of grades for any reason.

There is no extra credit offered.

GRADING:

Students have access to and should review the eCollege grading calculation method. Students are responsible to know what their grades are during the course. Please review the gradebook frequently. If an eCollege assignment or exam in the student's gradebook says the assignment or exam has not been submitted or has not been entered, it is then treated as a fact that the student did not do the assignment or exam unless the student has written proof that they did in fact complete and submit such assignment/exam as outlined in the directions. Make sure your assignments are submitted well before the

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due date so you can make sure they are in. All gradebook questions must be addressed by the student to the lead instructor at midterm and then again during the week before finals. There will be no changes accepted to the gradebook regarding absent or late/missed assignments or late/missed exams during finals week. It is the student's responsibility to know what their grades are and contact the instructors or their nursing coordinator for a plan to improve.

1. **Grades:** Grades are given for both theory classes and clinical performance of clinical nursing courses. Students must earn a minimum grade of "C" with a maintained 2.5 GPA or better in all required courses of the program. Students who fail a theory or clinical course will be dismissed from the nursing program. A final grade of D or F is considered to be an unsatisfactory grade.
2. **Active Learning:** In addition to educational strategies such as reading, listening, and reflecting, when appropriate this class makes use of learning techniques commonly known as active learning. Students should expect to participate in active learning techniques such as discussions and presentations, small group activities, writing, problem-solving, movement, case studies, role-playing, etc. These activities promote analysis, synthesis, and evaluation of class content in order to improve student learning outcomes.
3. **Assignments/Quizzes/Clinical Paperwork:** All assignments must be completed and submitted on time in the manner specified by the faculty. Students may fail the course if all assignments are not completed. Late/makeup work will not be accepted (student will receive a 0%) unless previously arranged with the instructor. Students who submit late/makeup work may receive an admonition notice and if work continues to be submitted late, they will progress through the disciplinary process.
4. **Exams:** Students will notify the **coordinator/site manager AND the lead course instructor** 1 hour prior to missing the scheduled exam for the day. Failure to notify these individuals or missing more than 1 exam day may result in an admonition notice. Any exams that are not made up in one week will receive a 0% for a grade on that exam. Students must make up the exam before or on the next date they are scheduled to be on campus. In the cases of extenuating circumstances the lead instructor and site coordinator may extend the deadline for exams. It is the student's responsibility to contact the nursing coordinator to arrange a makeup exam. "Notification" means that the student sends an email with the appropriate information to the lead nursing instructor and coordinator prior to one hour before the exam is scheduled.
5. **Records of Grades:** The faculty strongly endorses the idea that each student is responsible for knowing his/her own academic status based on grades from learning activities. Grades are recorded in the eCollege gradebook. Please carefully review the student tutorial for an explanation of how grades are calculated in the program. Any time a student has unsatisfactory averages, he/she should contact the instructor for guidance.
6. **Classroom Etiquette:** It is expected that students will show sensitivity to their peers as well as instructors by avoiding any activity that may cause distraction during class. Incivility will not be tolerated and is grounds for disciplinary action. Cell phone use (texting or talking), cameras, side conversations, and children are not allowed in the classroom. Refer to 'Handheld Device Use Policy'.

Nursing is a profession and thus requires professional behavior. It is expected that students will act in a professional manner displaying commitment to learning in the classroom, lab, all clinical areas, all college areas, and at all times in the public (including social networking sites including but not limited to Facebook, Twitter and Google+) when representing the college or the profession of nursing. **Unprofessional behaviors will merit receipt of admonition/critical behavior notices.**

Refer to Professional Behaviors Table in the student handbook for examples of both professional and unprofessional behaviors.

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7. **Course study expectations:** Commitment to learning is important to success. For every semester credit hour you are taking in a class, three hours needs to be set aside in your weekly schedule to read, study and devote towards your education outside of class.

For example: NURS 120 (3 credit) x 3 hours = 9 hours/week to study (minimal recommended study hours per week.)

This formula should be factored in for all of your classes, and soon you will see that many hours need to be devoted to becoming a successful nursing student.

Attendance Policy

The Dakota Nursing Program supports the college policy on attendance as stated in your college catalog. In addition, the nursing program implements strict attendance policies for classroom, lab and clinical experiences.

Regular, punctual attendance demonstrates professional behavior and responsibility. In recognition of the fact that the primary learning takes place in the teacher-student relationship, the principle governing class attendance is that the student is expected to attend all regularly scheduled classes (classroom, laboratory, and clinical) and is responsible for meeting course objectives. Absences may make it impossible for a student to meet course objective and result in failure of the course. A student may be excused from class or clinical with the approval of the instructor. It is the student's responsibility to make arrangements to fulfill missed assignments with the appropriate faculty member. All makeup work may have a deduction in theory, lab, or clinical applications. Please note that all missed hours in lab or clinical need to be made up with an hour for each hour missed.

After two days of theory absences, or one clinical/lab absence, a student will be required to meet and conference with the nursing coordinator or site manager and give a written explanation for the absences and provide a written plan for improvement. A student will receive an admonition notice for the 3rd theory absence, a critical behavior for the 4th theory absence, a critical behavior for the 5th theory absence and will then be dismissed from the program for excessive absences upon the 5th theory absence. The student will be given an admonition notice for the 2nd clinical/lab absence, a critical behavior for the 3rd clinical/lab absence, and a 2nd critical behavior and dismissal from the program upon the 4th clinical/lab absence. If the clinical/lab/theory absences fall on the same day, the student will just get one admonition notice or one critical behavior for that day. The nursing leadership team has the authority to adjust the guidelines above in a case of extenuating circumstances.

Students will notify the **coordinator/site manager AND the lead course instructor (or clinical/lab instructor** if a lab/clinical is scheduled) 1 hour prior to a theory test, lab or clinical if unable to attend. (For a theory course absence, only the nursing coordinator or site manager needs to be notified.) Clinical absences will result in makeup clinical hours. The nursing coordinator will seek advice from the faculty on input related to this matter. "Notification" means that the student sends an email with the appropriate information or speaks directly to the nursing instructor or coordinator per telephone or in person. In the case of a clinical/lab day, the student must speak to the clinical instructor directly or if it is impossible to reach the instructor directly, the student must leave a phone message with the clinical instructor clearly stating their name and number.

Absences related to school sponsored activities, such as an athlete attending a basketball game in which he/she is participating are exempt from this policy. Coordinators must be notified and work made up in advance of the scheduled absence when possible.

If a student has an unexcused **tardy**, or is unprepared for a clinical assignment, the student will be sent home by the clinical instructor and the day will be counted as an absence. The student will also receive an admonition notice for being unprepared for the clinical experience, along with a makeup day for that clinical.

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If the student is tardy or leaves the classroom and/or lab early a total of three times, it will be counted as one absence. At that point the student will be required to meet with the nursing coordinator and give a written explanation for the tardiness and provide a written plan for improvement. A student may, at the coordinators discretion, receive an admonition or critical behavior notice. Leaving the classroom or arriving late to a classroom with more than a 30 minute absence will be counted as an absence.

SPECIAL ACCOMMODATIONS:

Any student who has medical information to share with the faculty or has a disability that may prevent them from fully demonstrating their abilities should contact the instructor to discuss accommodations necessary to ensure full participation and facilitate their educational opportunities.

DROP AND WITHDRAW DATES CAN BE FOUND ON YOUR CAMPUS WEBSITE AT:

BSC – <http://www.bismarckstate.edu/current/records/calendarsdeadlines/>

DCB – <http://www.dakotacollege.edu/academics/academic-calendar/>

LRSC – <http://www.lrsc.edu/academics/term-schedules>

WSC – <http://www.willistonstate.edu/Class-Schedule.html>

If you have any questions about dropping or withdrawing from a class please contact your campus coordinator or registrar.

ADDITIONAL INFORMATION:

It is expected that you will read the assigned textbook chapters PRIOR to coming to class. All written work must be completed and turned in to the instructor by the due date. Late work is subject to a grade of zero.

Students are required to read the Dakota Nursing Program student handbook upon admission to the program and submit the signature form found in the handbook showing that the student will agree to follow the information and policies found in the handbook.

Nursing is a profession which demands high standards and a strict code of ethics. There is no place in nursing for dishonesty. Anyone caught in any dishonest activity (cheating, plagiarism, copying other's work, theft, etc.) will receive an F in the course. A minimum grade of C in each course is required to progress in the nursing program.

Material for this course will be posted onto the eCollege site. It is your responsibility to check this site for assignments and notes. It is also your responsibility to know what your grade is in the course by reviewing the eCollege gradebook.

WEB STREAMING (Tegrity):

Tegrity is a lecture and content capture software that was chosen by the ND University System to provide that service for its 11 campuses. Tegrity enables faculty, students and staff to record presentations, lessons, training, an entire lecture, and more. The recorded content is searchable, provides for note-taking and participant rating of content, can be streamed live, and can be used on portable devices having internet access. Tegrity integrates with most learning management systems and is ADA compliant. An instructor's lecture for the DNP is recorded and stored within a learning management system for the duration of the semester. Instructors will record IVN and other lectures on Tegrity. Students should be aware that their voices or any presentation they do in class may be recorded on Tegrity and available via eCollege for other students in their class to view. The webstreaming is located under the heading "Tegrity" in your courses. The recordings will be available for viewing for the duration of the semester. Watching class via webstreaming does not count as attendance for class but is highly encouraged if you are unable to attend class or wish to review concepts covered in class. Please refer to attendance policy if there are any questions.

FACULTY/STUDENT COMMUNICATION:

Faculty/students are responsible for checking course announcements in eCollege, bulletin boards and/or mailboxes as appropriate at each campus for messages each class day. Email is used extensively within the eCollege Learning

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Management System, students are responsible to have a working college email account and check it daily during the semester. Students, staff and faculty are expected respond to emails promptly – within 48 hours during a usual work week or as requested. The purpose is to assure rapid communication between students and instructors. ***Students must notify the nursing coordinator if their email address changes.***

Faculty and students must identify themselves professionally with each contact (mail, email, or telephone). This includes first and last name as well as identification of location within the consortium.

Example of student identification at end of each email:

John Miller

DCB – Valley City

Communication between students and faculty should remain on a professional level with no questionable jokes, cartoons, etc. transmitted. Students using the institution's computer labs are reminded that they cannot download information onto the computer hard drives. Any information must be stored on CDs, DVDs, or an alternate drive.