Dakota College at Bottineau Course Syllabus

Course Prefix/Number/Title: PSYC 100—HUMAN RELATIONS IN ORGANIZATIONS

Number of Credits: 3 semester hours

Pre/Co-requisites: None

Course Description: This course examines the importance of human relations and professional development. Students are provided the opportunity to achieve a deepened sense of awareness of themselves and others. This understanding is applied to human relations at home and on the job. The topics covered include the impact of personal and organizational values, motivation, self-awareness, goal setting, conflict management, communications, and stress management.

Course Objectives: Upon successful completion of this course, the student should be able to:

- 1. Explain the nature, purpose, and importance of human relations in an organizational setting.
- 2. Identify major developments in the workplace that have given new importance to human relations.
- 3. Identify major forces influencing human behavior at work.
- 4. Understand the historical development of the human relations movement.
- 5. Identify seven basic themes that serve as the foundation for effective human relations.
- 6. Understand the communication process
- 7. Identify and explain the filters that affect communication.
- 8. Identify ways to improve personal communication, including non-verbal and developing listening skills.
- 9. Learn how to effectively communicate through technology.
- 10. Define self-esteem; understand how it is developed, individual characteristics, and ways to raise it.
- 11. Understand how personal values are formed, value conflicts, making ethical decisions, and corporate crime.
- 12. Understand employee attitudes, the ways people acquire attitudes, attitudes employers value, how to change your attitudes and the attitudes held by others, and organization adjustments to develop positive attitudes.
- 13. Explain the importance of professional presence and first impressions, image projection, and etiquette.
- 14. Define diversity, discrimination, organizational cultures that value diversity, and affirmative action.
- 15. List and describe the causes of conflict, assertiveness skills, negotiation skills, the resolution process, emotions influencing behavior, emotional development, dealing with anger, and emotional control.
- 16. Understand positive reinforcement, expectancy theory, and the Hierarchy of Needs theory as they apply to motivating people. Understand how a positive, nurturing person can influence coworkers, the skills, and behaviors necessary for mentoring, coaching, and training.
- 17. Develop positive political skills through the rules of business etiquette, building relationships with managers, coworkers and other work associates.
- 18. Identify attitudes, values, skills, and techniques that effect productivity including procrastination, time wasters, stress, burnout, and how to manage stress effectively.

Instructor: Russ Gagnon

Office: Minot Campus Administration Building 2nd Floor

Office Hours: M-F 9:00 a.m. to 4:00 p.m. and by appointment when not in class.

Phone: 800-777-0750 ext:4339 or 701-858-4339, Fax: 701-858-4232,

Email: russ.gagnon@minotstateu.edu

Lecture/Lab Schedule: TR 9:30-10:45 a.m.

Textbook(s): *Human Relations*, by Reece and Brandt, ISBN-13: 978-0-618-97599-0 and *Self-Assessment Library Insight into Your Skills, Interests, and Abilities* version 3.4 ISBN-13: 978-0-13-608375-7.

Course Requirements:

- 1. Completion of assignments, tests, and presenting the final paper are required.
- 2. Everyone will complete a final research paper or project based upon a Human Relations topic. This paper should consist of a high-quality report, approximately 5–7 pages in length, including a cover page and reference page. Select a current topic, concept, or program addressed in this course. You must use at least three references, one of which may be the textbook. Grading will be on such factors as applicability, effectiveness, and quality. In addition to the written paper, you will give a 5-10 minute overview of your paper to the class. The presentation is not graded; however, you must complete the presentation.
- 3. Grading is the accumulation of assignments, quizzes, and tests for total points.

90-100= A 80-89=B 70-79=C 65-69=D below 65=F

Tentative Course Outline:

Introduction to Human Relations
Improving Personal and Organizational Communications
Building High Self-Esteem
Personal Values Influence Ethical Choices
Attitudes Can Shape Your Life
Developing A Professional Presence
Valuing Work Force Diversity
Resolving Conflict and Achieving Emotional Balance
A Life Plan for Effective Human Relations
Self-Assessment
Soft-Skills in the Business Environment

General Education Goals/Objectives:

Goal 6: Demonstrates the knowledge of the human experience throughout history.

Objective 2: Recognizes the world of human diversity.

Skill 1: Demonstrates knowledge of varying cultural standards throughout the world.

Relationship to Campus Theme: Dakota College at Bottineau emphasizes nature, technology, and beyond as a focus for the unique blend of courses and programs offered here. This course will emphasize communications and the diverse makeup of the business community, which enhances the "Human" nature.

Classroom Policies:

Missed Classes: Attendance is expected. Unannounced quizzes, tests, and class projects can be made-up only when the instructor excuses students prior to class. You are responsible for the activities of each class period. If you know of a conflict ahead of time, you are welcome to submit assignments early. Recognizing the importance of student participation and interaction with classmates, excessive absences necessitate failure in the class.

Assignments: All assignments are due at the beginning of class on the date due unless specified prior. Late assignments receive one-half credit minus errors. All late assignments are due before the final examination is administered. Make sure the class name, your name, date due, and exercise number appear in the upper-right corner. If handing in multiple pages, sequence them according to the order in the exercise, and staple in the upper left corner.

Electronic Devices: Turn off or mute cellular phones and pagers; prior permission for computer use is required. I will have my cell phone on for campus emergency notifications.

Academic Integrity: Plagiarism and cheating are serious offenses and may be punished by failure on exam, paper or project; failure in course; and/or expulsion from the university. For more information, refer to the "Academic Dishonesty" policy in the university catalog or the student handbook online: http://www.msub.edu/pdf/StudentHandbook08-09.pdf

Disabilities and Special Needs: If you have any condition, such as a physical or learning disability, for which you need extra assistance, please see me immediately. If you have already met with Student Development personnel, please provide me with information regarding your special needs as soon as possible so that I can make appropriate accommodations.