Dakota College at Bottineau Course Outline/Syllabus

Course Prefix/Number/Title:

210 First Aid/CPR

Course Description:

Definition of first aid, reasons for first aid, general directions for giving first aid, value of first aid and techniques dealing with shock, control of bleeding wounds, burns, poisoning, sudden illness and artificial respiration and other emergency situations will be covered. CPR will be covered and the student will receive certification. A certification card for standard first aid will also be issued.

Instructor:

Don Thompson

Office:

Thatcher 2206

Office Hours:

To be posted

Phone:

701-228-5475

Email:

Don.Thompson@dakotacollege.edu

Lecture/Lab Schedule:

Textbook(s):

Course Requirements:

The formula for grades is as follows.

4 Regular Practical Tests 100 points each = 400 points
Final Written Test = 100 points

Total Points Available – 500

A	90-100%
B	80-89%
C	70-79%
D	60-69%
F	59% and below

Tentative Course Outline:

- Course description, grading policies.
- Emergency Action Principles (responding to emergencies, checking unconscious victims, checking conscious victims).
- Breathing emergencies, choking victims, rescue breathing, unconscious choking victims.
- PRACTICAL TEST – RESCUE BREATHING AND CHOKING
- Heart attack and adult CPR.
- PRACTICAL TEST – CPR
- Injuries, wounds, burns.
- Muscles, bones, joints, sudden illnesses.
- FINAL WRITTEN TEST

General Education Goals/Objectives

Goal 5: Employs the Principles of Wellness

Objective 1: Demonstrates Healthy Lifestyle and Physical Wellness

Skill 3: Identifies the differences between healthy life choices and consequences of negative behaviors.

Relationship to Campus Theme: *Nature, Technology and Beyond*

This course will provide the student with the medical and technological knowledge necessary to provide basic life support.

Classroom Policies:

Reading the assigned text is the students' responsibility, and is essential to success in this course. It should be noted though that it is in your best academic interest to read material before the week of

lecture/discussion as to aid in your understanding. Any deadlines are final and your work is due on the day specified. Any late work will not be accepted for full credit.

Please refrain from doing anything that might be disruptive and disturb other students or the instructor, such as chronically arriving late, leaving early, talking with neighbors, using a cell phone or texting. Turn all electronic devices off. This class does not require the use of a laptop computer, therefore they are not allowed to be operated in lecture periods.

This academic environment is an open and harassment free one. Participation within the classroom is highly encouraged and is an integral part of the higher education experience. Ask questions – comment on discussions.

Academic Integrity:

Webster's Encyclopedia Unabridged Dictionary defines plagiarism as: "the appropriation or imitation of the language, ideas, and thoughts of another author, and representation of them as one's original work." There will be *zero tolerance* of any form of academic dishonesty. If any evidence appears of students not doing their own work, plagiarism, or outright cheating on quizzes/exams, the matter will be investigated. If it is concluded that such dishonesty occurred, the student in question will receive an automatic 'F' for the course. Furthermore, the matter will be reported to the appropriate university office and the instructor will participate in any proceedings against the guilty party.

Disabilities and Special Needs:

Please inform the instructor within the first week of classes if any assistance is required due to disabilities or special needs.