Syllabus

Course Information

Course title: Introduction to Inclusive Recreation

Course number: RLS 290
Course discipline: Other

Course description: This course will introduce the student to the concepts, methods, and settings for developing inclusive

recreation services for individuals with disabilities. These concepts and methods can be applied to individuals and groups that may need adaptations for inclusive recreation services. Some examples of individuals that may want/need adaptations for inclusive recreation services are people with mental

illness, physical disabilities, and emotional disabilities.

Course date: August 25, 2008 through December 17, 2008

Location: Online
Prerequisite(s): None

Instructor Information

Name: Jim Holben

Office hours: Instructor will check course mail daily.

Phone: If you experience technical problems, contact MSU-B: 1-888-918-5623

Biography: I have a Certified Therapeutic Recreation Specialist Certification (CTRS) from the National Council on

Therapeutic Recreation Certification and I am also a Certified Parks and Recreation Professional.

Textbooks

Required reading: Inclusive & Special Recreation-Opportunities for Persons with Disabilities, Ralph W. Smith, David R.

Austin, Dan W. Kennedy, Youngkhill Lee, Peggy Hutchison, McGraw Hill, Fifth Edition, 0-07-284387-X

Recommended reading:

Inclusion-Including People with Disabilities in Parks and Recreation Opportunities, Lynn Anderson, PhD CTRS; Carla Brown Kress, MEd CTRS, Venture Publishing, Inc. State College, PA, First

PhD CTRS; Carla Brown Kress, MEd CTRS, Venture Publishing, Inc. State College, PA, Fir.

Edition/2003, 1-892132-33-8

Course Objectives

It is expected that students will be able

- Demonstrate an increased awareness of inclusive recreation experiences
- Express an understanding of of Public Policy in relation to individuals with disabilities
- Recognize disabling conditions such as mental illness, physical disabilities, and other disabilities
- Identify the barriers that individuals with disabilities may confront when engaging in leisure activity
- Facilitate abilities of individuals with disabilities to overcome barriers to leisure involvement
- Develop, implement, and evaluate an inclusive recreation program for an individual with disabilities

Course Requirements

Requirements: Software: Students will need the following software capabilities:

Microsoft Word

Library: Students will need to use the campus library to access the following on-line library materials. Start by clicking on the Fossum Foundation Library link on the homepage of the course. Select Off-Campus Library from the menu on the left.

- Parks & Recreation Monthly Magazine
- Therapeutic Recreation Journal

Communication: Students should communicate with the instructor using the course mail feature. Instructions are provided on the bottom of the homepage of the course.

Evaluation

Grading Method: Your final grade is determined by dividing total points earned by total points possible

Grading: Grades will be calculated using the following criteria:

A= 90-100

B= 80-89

C= 70-79

D= 60-69

F= 59 and below