

## **DAKOTA COLLEGE @ BOTTINEAU COURSE SYLLABUS**

### **Course Prefix/Number/Title:**

HPER 150/250 Varsity Athletics/Men's Hockey

### **Course Description:**

This course requires a full semester of participation in varsity hockey. The fundamental skills and basic strategies of hockey will be taught through teaching, practicing, and playing the game of hockey. On and off ice lessons will be given.

### **Course Objectives:**

The student will understand that lifelong wellness is achieved and sustained through proper physical exercise and nutrition. They will also learn the proper skill techniques to succeed as a collegiate hockey player. They will understand the importance of being a student-athlete and community involvement/volunteering.

**Instructor:** Travis Rybchinski

**Office:** Thatcher 127

**Office Hours:** M-F 10:00-12:00 or by arrangement

**Phone:** 228-5450

**Email:** Travis.Rybchinski@dakotacollege.edu

### **Lecture/Lab Schedule:**

Arranged > Hours to be determined

### **Textbook(s):**

None

### **Course Requirements:**

The students are evaluated on their participation, effort, attitude, and willingness to learn. Each of the four criteria is weighted at 25%. The students will participate in daily practice sessions, occasional classroom lectures, and a full season of participation including post season play.

### **Tentative Course Outline:**

The season will begin in early October and continue through the playoffs which could be into March. There will also be preseason dryland training and open ice sessions.

### **Relationship to Campus Theme:**

We will be utilizing the Beyond part of our campus theme. The students will be learning how communicate effectively with others. They also will be learning the value of lifelong fitness and promoting physical, emotional wellness.

### **Classroom Policies:**

The students will be expected to attend all practices/games/training sessions/ and meetings. They will conduct themselves in the appropriate manner that supports good character.

### **Academic Integrity:**

*Webster's Encyclopedic Unabridged Dictionary* defines plagiarism as: "The appropriation or imitation of the language, ideas, and thoughts of another author, and representation of them as one's original work." There will be *zero tolerance* of any form of academic dishonesty. If any evidence appears of students not doing their own work, plagiarism, or outright cheating on quizzes/exams, the matter will be investigated. If it is concluded that such dishonesty occurred, the student in question will receive an automatic "F" for the course. Furthermore, the matter will be reported to the appropriate university office and the instructor will participate in any proceedings against the guilty party.

**Disabilities and Special Needs:**

Please inform the instructor within the first week of classes if any assistance is required due to disabilities or special needs.