

Course: HPER 101 Canoeing

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Prerequisite: None

Course Description:

This course will help the student to develop the knowledge & skills to enjoy the activity of canoeing.

Course Objective:

- 1) Learn the fundamentals of canoeing. (Gen. Ed. #9)
- 2) Enjoy the benefits of an outdoor activity. (Gen. Ed. #9)
- 3) Have Fun!

Relationship to Campus Theme:

This course will be conducted at Pelican Lake which allows for a first hand look at nature.

Course Requirements:

- 1) Attend all sessions and participate.
- 2) Finish all given assignments
- 3) Wear proper attire. (life jacket, etc.)

Teaching Strategies:

The class will meet at the Bible Camp on Pelican Lake. The class will consist of participating in the activity.

Evaluation Procedures & Grading:

Participation points will determine the final grade.

Schedule:

August 31 – Classroom Session/Safety
September 7 – Go to Lake
September 14 – Go to Lake
September 21 – Go to Lake
September 28 – wrap up session in classroom

Note:

- If you need a ride to the Lake – one will be provided for you.
- Weather may play a factor into our schedule – please dress appropriately