

## Dakota College at Bottineau Course Syllabus

**Course Prefix/Number/Title:** RLS 110 Foundations of Recreation

**Course Description:** The course provides an orientation to the historical and philosophical background of the recreation and leisure movement, recreation organizations, social issues, and professional development.

**Course Objectives:**

- Demonstrate a working knowledge of the types of professional recreation fields.
- Identify the agencies that provide recreation and leisure services.
- Define social issues that affect the recreation and leisure services.
- Outline the history of recreation and leisure services.

**Instructor:** Sherry Niesar

**Office:** Online

**Office Hours:** Mondays, Tuesdays & Thursdays, 3:15-6:00 pm

**Phone:** 701-527-3714

**Email:** Sherry.Niesar@misu.nodak.edu

**Lecture/Lab Schedule:** Online

**Textbook(s):** *Introduction to Recreation and Leisure Services*, Henderson, Bialeschki, Hemingway, Hodges, Kivel and Sessoms, Venture, 8, ISBN #1-892132-23-0

**Course Requirements:**

- Participation: Regular participation in the class is expected.
- Reading: Students are expected to read the textbook material for the assigned chapters.
- Lecture Notes: Read the instructor's notes that are posted in the content area of the course.
- Graded assignments: Assignments are given to reinforce chapter content. They are practical in nature and require the student to apply new knowledge of chapters. Due date for assignments are posted on the course calendar.
- Graded quizzes/exams: Nine quizzes and two one-hour exams of approximately 40 questions will be given.
- Final: At the end of the term, students will write an essay as their final assessment. This essay is comprehensive, requiring students to use information that they have learned during the semester.

**Tentative Course Outline:**

- Leisure and Society
- Changing society (family, health and social development)
- Descriptions & Definitions of Recreation and Leisure
- Leisure and Work
- Play
- Approaches to Leisure

- Social Values of Leisure
- Economic Values of Leisure
- History of Leisure
- Religions and Leisure
- Recreation in different agencies
  - Federal and State Government
  - Local Government
  - Non Profit
- Youth Services
- Tourism
- Planning for Leisure
  - Work Hours
  - Aging Society
  - Segregated Society
  - Wellness
  - Technology
  - The Future

**General Education Goals/Objectives:** Not a General Education Course

**Relationship to Campus Theme:**

Introduction to Recreation provides the opportunity for students to explore recreation and nature, to use technology to further their knowledge in the field.

**Classroom Policies:**

Reading the assigned text is the student's responsibility, and is essential to success in this course. Late work will not be accepted for full credit.

This academic environment is an open and harassment free one. Participation within the online classroom is highly encouraged and is an integral part of the higher education experience. Ask questions – comment on discussions.

**Academic Integrity:**

*Webster's Encyclopedic Unabridged Dictionary* defines plagiarism as: "The appropriation or imitation of the language, ideas, and thoughts of another author, and representation of them as one's original work." There will be *zero tolerance* of any form of academic dishonesty. If any evidence appears of students not doing their own work, plagiarism, or outright cheating on quizzes/exams, the matter will be investigated. If it is concluded that such dishonesty occurred, the student in question will receive an automatic "F" for the course. Furthermore, the matter will be reported to the appropriate university office and the instructor will participate in any proceedings against the guilty party.

**Disabilities and Special Needs:**

Please inform the instructor within the first week of classes if any assistance is required due to disabilities or special needs.